LANCS3

Promote, monitor and maintain health, safety and security

Overview

It is the responsibility of all individuals, in all working contexts, to operate to certain standards of health, safety and security. This standard covers the key activities that are required to prevent (as far as possible) any accidents, health problems or emergencies from occurring and to promote good health, safety and security practice.

An important aspect of this standard is risk assessment. You will be able to conduct a risk assessment prior to work activities, and to take action to minimise the potential risks to yourself and others within the workplace. Work activities must adhere to health and safety codes of practice and relevant legislation.

Performance criteria

You must be able to:

P1 carry out a formal risk assessment for work activities as required by legislation

P2 identify the hazards, evaluate the risks and implement suitable control measures

P3 where existing control measures are in place ensure that they are adequate and applied

P4 communicate the findings of the risk assessment to those at risk and promote good health and safety practice

P5 work in a way which sets a good example, minimises risks to your own health and safety and promotes a positive health and safety culture

P6 implement safe methods of lifting and handling to reduce risk of injury

P7 handle, use and store equipment and materials correctly in accordance with guidance

P8 handle, use and store potentially hazardous substances correctly in accordance with instructions and legal requirements

P9 manage waste correctly in accordance with instructions and relevant legal requirements

P10 wear appropriate clothing and Personal Protective Equipment (PPE) for the environment and the work to be undertaken

P11 take care to protect yourself against injury, disease or other health problems

P12 adopt a good standard of personal hygiene at all times

P13 adopt procedures and safe systems of working when working alone or at risk of abuse

P14 implement appropriate procedures safely, correctly and without delay in an emergency situation

P15 maintain appropriate records in accordance with organisational and legal requirements

P16 carry out active and reactive monitoring to ensure that protective measures are effective in the workplace

Knowledge and understanding	K1	the difference between 'hazard' and 'risk' and how to carry out a risk assessment
You need to know and understand:	K2	the hierarchy of measures to control risks (including elimination, substitution, relevant engineering controls, safe systems of work, training/instruction and PPE)
	K3	how to communicate the findings of the risk assessment and health and safety precautions to those at risk
	K4	relevant health and safety legislation and the standards of protection to be achieved as set out in the codes of practice
	K5	your legal and organisational responsibility in relation to health, safety and security
	K6	the importance of creating a positive health and safety culture
	K7	the risks of personal injury, contracting disease or other health problems associated with your work and how these can be minimised
	K8	the importance of adopting safe working practices to prevent acute and chronic ill health
	K9	the effects that work-related accidents, incidents and ill health can have on people and businesses and how these can be minimised
	K10	how to recognise where manual handling would be hazardous and measures to take to minimise the risks
	K11	safe methods of using, maintaining and storing equipment and materials in accordance with guidance
	K12	the key elements of the regulations relating to the handling, use and storage of potentially hazardous substances
	K13	how hazardous and non-hazardous waste should be managed
	K14	appropriate clothing and PPE for different work activities
	K15	the importance of personal hygiene as an effective means of safeguarding health
	K16	the risks of working in isolation or in remote locations and the need for safe systems of work and emergency procedures
	K17	procedures for different types of emergencies relevant to the industry in which you are working including accidents, incidents and near misses
	K18	legislative requirements for recording and reporting accidents, incidents and near misses
	K19	where to obtain information, advice and support in relation to health and safety
	K20	the difference between active and reactive monitoring and circumstances in which each type is appropriate

Glossary

Hazard: something with potential to cause harm

Risk: likelihood of the hazard's potential being realised

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