

## [Mount and dismount suitable horses under supervision]



---

### Overview

This standard is about the basic skill of mounting and dismounting a suitable horse. It also includes adjusting stirrups and girths. It is relevant to those involved with the routine exercise of suitable horses under saddle.

The work described in this unit would be carried out under the direction of a supervisor.

You will need to be fully aware of the importance of health and safety in connection with this work.



## [Mount and dismount suitable horses under supervision]

---

### Performance criteria

*You must be able to:*

- P1 Select and wear the appropriate personal protective equipment according to instructions
- P2 Untie and lead the horse to the required area calmly and safely
- P3 Carry out the appropriate safety checks on tack and equipment
- P4 Mount and dismount correctly under supervision
- P5 Maintain the health and safety of horses, self and others during the work.



## [Mount and dismount suitable horses under supervision]

---

### Knowledge and understanding

*You need to know and understand:*

- K1 The use and care of personal protective equipment, including hats, boots and suitable clothing for riding
- K2 How to recognise discomfort in horses when mounting and dismounting
- K3 Safety considerations when mounting and dismounting
- K4 The necessary checks and preparations of tack and equipment prior to mounting e.g. checking the girth, pulling down stirrups prior to mounting
- K5 The effect on the horse of mounting and dismounting
- K6 Your responsibilities under relevant animal health and welfare and health and safety legislation/codes of practice.



**Additional Information** (Delete any sections not needed)

**Scope/range**



LANEq109

## [Mount and dismount suitable horses under supervision]

---

Scope/range  
related to  
performance  
criteria



LANEq109

## [Mount and dismount suitable horses under supervision]

---

Scope/range  
related to  
knowledge and  
understanding



**Values**

[VALUES]

**Behaviours**

[BEHAVIOURS]

**Skills**

[SKILLS]

**Glossary**

[GLOSSARY]

**Links to other NOS**

[LINKS]

**External Links**

[EXTERNAL]



**[Mount and dismount suitable horses under supervision]**

---

<b>Developed by</b>	Lantra
---------------------	--------

---

<b>Version number</b>	1.0
-----------------------	-----

---

<b>Date approved</b>	January 2011
----------------------	--------------

---

<b>Indicative review date</b>	October 2015
-------------------------------	--------------

---

<b>Validity</b>	Current
-----------------	---------

---

<b>Status</b>	Original
---------------	----------

---

<b>Originating organisation</b>	Lantra
---------------------------------	--------

---

<b>Original URN</b>	106.1
---------------------	-------

---

<b>Relevant occupations</b>	All Equine Occupations
-----------------------------	------------------------

---

<b>Suite</b>	Equine 2011
--------------	-------------

---

<b>Key words</b>	Equine; horses; mount; dismount
------------------	---------------------------------