
Overview

This standard involves riding horses in the open, including walking, trotting and canter. You should be able to exercise with and without stirrups, singly and in a group.

The work described in this standard would be carried out following agreement of responsibilities with a supervisor.

You will need to be fully aware of the importance of animal health and welfare and health and safety in connection with this work.

You will need to be able to recognise hazards and assess risks within the workplace.

Performance criteria

You must be able to:

- P1 Select and wear the appropriate personal protective equipment according to instructions
- P2 Complete the relevant preparations before the ride is commenced
- P3 Exercise horses in walk, trot and canter in accordance with conditions
- P4 Report any difficulties to the appropriate person as necessary
- P5 Adjust tack to meet your own requirements including girth, stirrups and bridle
- P6 Mount and dismount the horse safely with and without assistance
- P7 Adopt the correct riding position to exercise control over the horse
- P8 Ride the horse in a controlled manner appropriate to the working area and conditions
- P9 Maintain the health and safety of horses, self and others during the work.

Knowledge and understanding

You need to know and understand:

- K1 The effects on a horse's behaviour when riding horses singly and in a group
- K2 The necessary preparations prior to riding, including exercise instructions, communication and equipment
- K3 The reasons for adopting the correct riding position
- K4 Why it is important to adjust girths and stirrups
- K5 The basic principles of controlling a horse
- K6 The hazards likely to be encountered when riding in an open space
- K7 Actions to be taken in response to adverse surfaces, other horses, other people, weather conditions, horse slipping, losing your stirrups, vehicles
- K8 Importance of following exercise routines and aids which can be used
- K9 Procedures to be followed in the event of an accident/incident
- K10 Risks to horses, yourself and others and how these can be minimised
- K11 Your responsibilities under relevant animal health and welfare and health and safety legislation/codes of practice.

LANEq215

[Ride horses in the open]

Additional Information (Delete any sections not needed)

Scope/range

LANEq215

[Ride horses in the open]

Scope/range
related to
performance
criteria

LANEq215

[Ride horses in the open]

Scope/range
related to
knowledge and
understanding

Values [VALUES]

Behaviours [BEHAVIOURS]

Skills [SKILLS]

Glossary [GLOSSARY]

Links to other NOS [LINKS]

External Links [EXTERNAL]

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Validity	Current
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Original URN	212.2
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Relevant occupations	All Equine Occupations
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Suite	Equine 2011
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Key words	Equine; horses; riding; exercise
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