
Overview

This standard involves riding schooled horses and following specific instructions to include basic schooling in walk, trot and canter. You should be able to exercise with and without stirrups, singly and in a group.

The work described in this standard would be carried out following agreement of responsibilities with a supervisor.

You will need to be fully aware of the importance of animal health and welfare and health and safety in connection with this work.

You will need to be able to recognise hazards and assess risks within the workplace.

Performance criteria

You must be able to:

- P1 Adjust tack so that it is suitable for the work including girth, bridle and stirrups
- P2 Mount and dismount the horse safely with and without assistance
- P3 Adopt a balanced riding position which is not detrimental to the horse
- P4 Warm the horse up appropriately for the movements
- P5 Ride the horse in a controlled manner suitable for the working area and conditions
- P6 Carry out movements safely in accordance with instructions including basic schooling in walk, trot and canter
- P7 Cool the horse down appropriately after movements
- P8 Maintain the health and safety of horses, self and others during the work.

Knowledge and understanding

You need to know and understand:

- K1 The effects on horse behaviour when riding in groups or singly
- K2 The reasons for adopting a balanced riding position
- K3 Why it is important to adjust girths and stirrups
- K4 The basic principles of controlling a horse
- K5 The hazards likely to be encountered when riding and the actions to be taken in response to adverse surfaces, other horses, other people, adverse weather conditions, if the horse slips, if you lose your stirrups
- K6 The principles of riding a horse and the aids for simple exercises
- K7 The importance of warming up and cooling down the horse appropriately
- K8 Risks to horses, yourself and others and how these can be minimised
- K9 Your responsibilities under relevant animal health and welfare and health and safety legislation/codes of practice

Additional Information (Delete any sections not needed)

Scope/range

Scope/range
related to
performance
criteria

Scope/range
related to
knowledge and
understanding

Values [VALUES]

Behaviours [BEHAVIOURS]

Skills [SKILLS]

Glossary [GLOSSARY]

Links to other NOS [LINKS]

External Links [EXTERNAL]

[Ride schooled horses]

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