

## [Assist with the care of performance horses after strenuous work]

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### Overview

This standard is about assisting with the care of performance horses after strenuous work. Performance horses include horses for racing, public performance, competition and driving.

This standard involves caring for the horse after strenuous work according to the needs of the individual horse, the weather conditions and the time of year. You should be able to care for a hot, sweaty horse immediately after exercise and a cold, wet horse on return from exercise.

The work described in this standard would be carried out following agreement of responsibilities with a supervisor.

You will need to be fully aware of the importance of animal health and welfare and health and safety in connection with this work.

You will be able to recognise hazards and assess risks within the workplace

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### Performance criteria

*You must be able to:*

- P1 Remove tack and equipment, maintaining the safety and the comfort of the horse throughout
- P2 Wash, cool and dry the horse as appropriate according to instructions
- P3 Put appropriate clothing and equipment on the horse as instructed
- P4 Check the horse's legs and feet and report this to the appropriate person
- P5 Assist with the application of specialist leg preparations according to current good practice and as instructed
- P6 Provide the horse with food and water as directed
- P7 Monitor the health and well-being of the horse following exercise and report to the appropriate person
- P8 Assist with the treatment of health problems
- P9 Maintain the health and safety of horses, self and others during the work

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### Knowledge and understanding

*You need to know and understand:*

- K1 Signs of tiredness and stress following work
- K2 How to cool and dry the horse and the reasons why weather conditions must be considered
- K3 The care requirements of the horse depending on duration and intensity of the exercise
- K4 Grooming and cleaning requirements which horses may have following work
- K5 The clothing and equipment which must be applied to the horse, including sweat sheets and thermal rugs
- K6 The importance of checking the horse's legs and feet after strenuous exercise
- K7 The types and reasons for specialist leg preparations including poultice and bandages
- K8 The feed and water requirements following strenuous exercise
- K9 How to recognise and report health problems and the importance of monitoring the horse e.g. respiratory rate problems, cuts, swelling, problems with shoes, loss of appetite and not drinking
- K10 The risks to horses, yourself and others and how these can be minimised
- K11 Your responsibilities under relevant animal health and welfare and health and safety legislation/codes of practice.

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**Additional Information** (Delete any sections not needed)

**Scope/range**

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work]**

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Scope/range  
related to  
performance  
criteria

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Scope/range  
related to  
knowledge and  
understanding

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**Values**

[VALUES]

**Behaviours**

[BEHAVIOURS]

**Skills**

[SKILLS]

**Glossary**

[GLOSSARY]

**Links to other NOS**

[LINKS]

**External Links**

[EXTERNAL]

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<b>Developed by</b>	Lantra
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<b>Relevant occupations</b>	All Equine Occupations
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<b>Suite</b>	Equine 2011
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<b>Key words</b>	Equine; horses; performance; care
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