
Overview

This standard involves exercising racehorses on the gallops and other training areas, under supervision and following specific instructions. You will be required to undertake routine exercise and the exercising of racehorses with different fitness levels.

The work described in this standard would be carried out following agreement of responsibilities with a supervisor.

You will need to be fully aware of the importance of animal health and welfare and health and safety in connection with this work.

[Exercise racehorses under supervision]

Performance criteria

You must be able to:

- P1 Select and wear the appropriate personal protective equipment
- P2 Complete relevant preparations before the ride is commenced
- P3 Mount and dismount the horse according to procedures
- P4 Adjust gait and speed according to the prevailing conditions and exercise area
- P5 Maintain the correct position and balance throughout
- P6 Carry out exercise routines according to conditions, exercise area and regime
- P7 Identify and report any difficulties to the appropriate person
- P8 Maintain the health and safety of horses, self and others during the work.

Knowledge and understanding

You need to know and understand:

- K1 The appropriate personal protective equipment to be worn when exercising racehorses
- K2 The importance of following exercise routines
- K3 The preparation of horses for routine exercise
- K4 The hazards likely to be encountered when exercising horses and the appropriate person to report these to
- K5 The types and use of aids for simple movements
- K6 The effects of weather conditions on surfaces and how this may affect riding
- K7 How to adjust gait and speed according to the conditions and exercise area
- K8 Actions to be taken in the event of an accident/incident
- K9 Risks to horses, yourself and others and how these can be minimised
- K10 Your responsibilities under relevant animal health and welfare and health and safety legislation/codes of practice.

Additional Information (Delete any sections not needed)

Scope/range

Scope/range
related to
performance
criteria

Scope/range
related to
knowledge and
understanding

Values

[VALUES]

Behaviours

[BEHAVIOURS]

Skills

[SKILLS]

Glossary

[GLOSSARY]

Links to other NOS

[LINKS]

External Links

[EXTERNAL]

[Exercise racehorses under supervision]

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Validity	Current
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Relevant occupations	All Equine Occupations
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Suite	Equine 2011
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