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## Overview

This standard is about assisting the trek leader in monitoring the safety and comfort of clients and horses during the trek as well as maintaining communications with all on the trek.

The work described in this standard would be carried out following agreement of responsibilities with a supervisor.

You will need to be fully aware of the importance of animal health and welfare and health and safety in connection with this work.

You will need to be able to recognise hazards and assess risks within the workplace.

**Performance  
criteria**

- You must be able to:*
- P1 Continuously monitor riders, horses and conditions according to agreed procedures
  - P2 Report hazardous situations promptly to the trek leader according to agreed procedures
  - P3 Give information to clients at appropriate times and frequencies such as hazardous situations, points of local interest and progress of trek
  - P4 Carry out the trek leader's instructions at all times
  - P5 Follow agreed procedures for riding on the road at all times in line with riding and road safety legislation
  - P6 Put a horse on lead whilst mounted and ride and lead as directed
  - P7 Use safe techniques and control whilst riding and leading
  - P8 Maintain the health and safety of horses, self and others during the work.

## **Knowledge and understanding**

*You need to know and understand:*

- K1 Safe conditions for trekking and how to monitor conditions
- K2 The implications of incorrect horse/rider combinations
- K3 How weather conditions affect different terrains
- K4 Reasons for continuous monitoring of trek members
- K5 How to recognise clients in distress
- K6 How to recognise problems with horses
- K7 How the Highway Code applies to trekkers
- K8 Methods of effective communication whilst on the trek
- K9 How and when information on points of interest, progress and riding control should be given
- K10 How to put a horse on lead whilst mounted and how to ride and lead
- K11 How clients' medical conditions may affect their ability on the trek
- K12 Risks to horses, yourself and others and how these can be minimised
- K13 Your responsibilities under relevant animal health and welfare and health and safety legislation/codes of practice.

LANEq229

**[Assist the trek leader during a horse trek]**

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**Additional Information** (Delete any sections not needed)

**Scope/range**

LANEq229

**[Assist the trek leader during a horse trek]**

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Scope/range  
related to  
performance  
criteria

LANEq229

**[Assist the trek leader during a horse trek]**

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Scope/range  
related to  
knowledge and  
understanding

**Values**

[VALUES]

**Behaviours**

[BEHAVIOURS]

**Skills**

[SKILLS]

**Glossary**

[GLOSSARY]

**Links to other NOS**

[LINKS]

**External Links**

[EXTERNAL]

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<b>Developed by</b>	Lantra
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<b>Version number</b>	1.0
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<b>Date approved</b>	January 2011
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<b>Indicative review date</b>	October 2015
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<b>Validity</b>	Current
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<b>Status</b>	Original
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<b>Originating organisation</b>	Lantra
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<b>Original URN</b>	215.2
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<b>Relevant occupations</b>	All Equine Occupations
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<b>Suite</b>	Equine 2011
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<b>Key words</b>	Equine; horses; trek; clients
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