
Overview

This standard is about being able to long rein harness horses for exercise under supervision. It involves being able to prepare horses for long reining, put on long reining equipment and harnesses as appropriate, prepare a suitable area for work, and long rein horses according to instructions, and care for horses after exercise.

You will understand the importance of maintaining the harnessed horse's familiarity with voice commands and unseen noises. You will understand the importance of establishing and maintaining a halt on long reins, and of being able to rein back.

The work described in this standard would be carried out following agreement of responsibilities with a supervisor.

You will need to be fully aware of the importance of animal health and welfare and health and safety in connection with this work.

You will need to be able to recognise hazards and assess risks within the workplace.

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Performance criteria

You must be able to:

- P1 Check the horse is in a fit condition to be long-reined
- P2 Prepare the long reining area for work
- P3 Long rein the horse from behind and in a circle around you
- P4 Carry out rein changes when long reining from behind and when long reining in a circle
- P5 Handle and use the lunge whip appropriately
- P6 Use voice aids appropriately
- P7 Maintain control of the horse at all times
- P8 Work in a way which maintains the safety of self and others and the welfare of the horses
- P9 Use personal protective clothing whilst working.

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Knowledge and understanding

*You need to know and
understand:*

- K1 Your role and responsibilities in long reining horses for exercise
- K2 How to check the horse is fit to be long reined, and recognise signs of ill-health, lameness or injury which would affect the horse's welfare if worked
- K3 The aims and purposes of long reining harness horses
- K4 How to use voice aids when long reining harness horses, and the importance of reinforcing the horse's familiarity with voice aids
- K5 How to long rein horses to a halt and maintain a halt on long reins
- K6 How to rein back
- K7 How to assess the horse's responses to the long reining exercises
- K8 How to achieve the changes of pace and gait on long reins using voice aids
- K9 How to handle the reins and lunge whip correctly whilst long reining
- K10 The purpose of passing the outside rein around the horse's hindquarters whilst long reining in a circle
- K11 How to maintain control of the horse at all times
- K12 How to maintain safety of self and others and the welfare of the horse whilst working.

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Additional Information (Delete any sections not needed)

Scope/range

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**[Long rein harness horses for exercise
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**Scope/range
related to
performance
criteria**

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**[Long rein harness horses for exercise
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**Scope/range
related to
knowledge and
understanding**

Values

[VALUES]

Behaviours

[BEHAVIOURS]

Skills

[SKILLS]

Glossary

[GLOSSARY]

Links to other NOS

[LINKS]

External Links

[EXTERNAL]

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**[Long rein harness horses for exercise
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Trainer;

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