

## [Ride schooled horses to maintain training]

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### Overview

This standard involves riding schooled horses in a controlled manner. You should be able to carry out exercise and movements appropriate to the horses' level of fitness and training, and report on progress.

You will need to be fully aware of the importance of health and safety in connection with this work.

You will need to be able to recognise hazards and assess risks within the workplace.

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### Performance criteria

*You must be able to:*

- P1 Select and adjust tack to meet individual requirements
- P2 Adopt the appropriate riding positions to exercise control over the horse and balance
- P3 Ride the horse in a controlled manner appropriate to the working area and conditions
- P4 Carry out movements safely according to exercise requirements
- P5 Monitor the progress of the horse against exercise requirements and report to the appropriate person
- P6 Make suggestions to the appropriate person about the future training programme of the horse
- P7 Monitor and maintain the health and safety of horses, self and others during the work.

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### Knowledge and understanding

*You need to know and understand:*

- K1 The mental and muscular effects of schooling horses
- K2 The behaviour of horses at different stages of training and fitness
- K3 The reasons for monitoring performance
- K4 The use of school movements and appropriate aids e.g. walk, trot – rising and sitting, canter, lengthened strides, school figures, leg yield, turn about at the forehand, transitions, work without stirrups in all three paces
- K5 The importance of adopting the correct riding position for schooling horses
- K6 Risks to horses, yourself and others and how these can be minimised
- K7 Your responsibilities under relevant animal health and welfare and health and safety legislation/codes of practice.

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**Additional Information** (Delete any sections not needed)

**Scope/range**

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## **[Ride schooled horses to maintain training]**

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**Scope/range  
related to  
performance  
criteria**

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**Scope/range  
related to  
knowledge and  
understanding**

## [Ride schooled horses to maintain training]

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**Values** [VALUES]

**Behaviours** [BEHAVIOURS]

**Skills** [SKILLS]

**Glossary** [GLOSSARY]

**Links to other NOS** [LINKS]

**External Links** [EXTERNAL]

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<b>Developed by</b>	Lantra
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<b>Version number</b>	1.0
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<b>Date approved</b>	January 2011
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<b>Indicative review date</b>	October 2015
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<b>Validity</b>	Current
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<b>Status</b>	Original
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<b>Originating organisation</b>	Lantra
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<b>Original URN</b>	316.1
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<b>Relevant occupations</b>	All Equine Occupations
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<b>Suite</b>	Equine 2011
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<b>Key words</b>	Equine; horses; riding; training
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