

[Exercise and improve the performance of horses using lunging or long reining]



Overview

This standard is about exercising and improving the performance of horses using lunging or long reining. You should be able to select and fit tack, maintain control of the horse, determine and agree the exercise needs of the horse and carry out exercise. You should be able to liaise and discuss the performance of the horse with the appropriate person.

You will need to be fully aware of the importance of health and safety in connection with this work.

You will need to be able to recognise hazards and assess risks within the workplace.

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Performance criteria

You must be able to:

- P1 Select and fit suitable tack according to current procedures
- P2 Maintain control of the horse at all times appropriate to the conditions e.g. surface, weather conditions, presence of other horses
- P3 Determine the exercise and training needs of the horse and agree them with the appropriate person
- P4 Exercise the horse according to the agreed requirements using appropriate methods and aids
- P5 Evaluate and report the effects that the exercise activities are having on the horse to the appropriate person
- P6 Monitor and maintain the health and safety of horses, self and others during the work.

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Knowledge and understanding

You need to know and understand:

- K1 The types and uses of training aids
- K2 The use of lunging or long reining in exercise and training programmes
- K3 The uses of the various schooling aids when lunging
- K4 How horses can be worked from the ground for other disciplines
- K5 With whom you must liaise, including owner, rider, trainer and supervisor
- K6 Risks to horses, yourself and others and how these can be minimised
- K7 Your responsibilities under relevant animal health and welfare and health and safety legislation/codes of practice.

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Additional Information (Delete any sections not needed)

Scope/range

Types of horse:

- Fit
- Unfit
- Performance
- Leisure
- Working.

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**[Exercise and improve the
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Scope/range
related to
performance
criteria

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Scope/range
related to
knowledge and
understanding

[Exercise and improve the performance of horses using lunging or long reining]

Values

[VALUES]

Behaviours

[BEHAVIOURS]

Skills

[SKILLS]

Glossary

[GLOSSARY]

Links to other NOS

[LINKS]

External Links

[EXTERNAL]

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Relevant occupations	All Equine Occupations
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Suite	Equine 2011
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Key words	Equine; horses; exercise; training
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