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## Overview

This standard covers preparing to lead a horse trek. You should be able to check that sufficient horses and tack are available, assess clients' suitability for the activity, allocate clients to horses and respond to any problems. You will need to be fully aware of the importance of health and safety in connection with this work.

You will need to be able to recognise hazards and assess risks within the workplace.

## [Prepare to lead a horse trek]

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### Performance criteria

*You must be able to:*

- P1 Confirm sufficient horses are available with suitable tack for the activity
- P2 Assess client suitability for the activity e.g. age, weight, experience, dress
- P3 Carry out a full briefing of procedures and confirm client's understanding including safety precautions and equipment, basic horse control, rules regarding position in string, trek route, emergency procedures
- P4 Issue and fit safety equipment correctly
- P5 Allocate clients with a suitable horse, give assistance during mounting and adjust tack to suit the rider
- P6 Confirm that the appropriate emergency equipment is available
- P7 Respond appropriately to any problems that arise within your limits of authority
- P8 Monitor and maintain the health and safety of horses, self and others during the work

## [Prepare to lead a horse trek]

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### Knowledge and understanding

*You need to know and understand:*

- K1 The reasons for briefing clients and checking understanding
- K2 The organisation's procedures for trekking activities
- K3 Why it is important to ensure that safety helmets are correctly fitted and worn at all times
- K4 The reasons for communicating the proposed route to someone in authority
- K5 How to establish and maintain relationships with clients
- K6 How to assess the suitability of clients for the activity
- K7 Reasons for allocating clients to particular horses
- K8 How to respond to problems and your limits of authority
- K9 The insurance requirements for trekking activities
- K10 The emergency equipment required for the trek, including first aid kit, spare tack and communication equipment
- K11 Risks to horses, yourself and others and how these can be minimised
- K12 Your responsibilities under relevant animal health and welfare and health and safety legislation/codes of practice.

## [Prepare to lead a horse trek]

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### **Additional Information** (Delete any sections not needed)

#### **Scope/range**

##### **Clients:**

- Adults
- Children
- Experienced riders
- Inexperienced riders.

Scope/range  
related to  
performance  
criteria

Scope/range  
related to  
knowledge and  
understanding

**Values** [VALUES]

**Behaviours** [BEHAVIOURS]

**Skills** [SKILLS]

**Glossary** [GLOSSARY]

**Links to other NOS** [LINKS]

**External Links** [EXTERNAL]

**[Prepare to lead a horse trek]**

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**Relevant occupations** All Equine Occupations

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