Ride racehorses in a race



Overview

This standard is about riding racehorses in a race. It covers riding racehorses in regulated races under licence either as a jump jockey or as a flat jockey.

The standard also covers developing an understanding and application of the rules and regulations to become a successful jockey.

The standard covers the basic structure of the industry, the main responsibilities of key organisations and how the component parts work together.

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Performance criteria

You must be able to:

- P1 Identify and agree a programme to develop race riding skills
- P2 Implement a training programme to develop and improve race riding skills
- P3 Apply race riding skills in regulated races under licence
- P4 Evaluate the race riding skills to improve future performance of self and horse
- P5 Promote health and safety when race riding.

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Knowledge and understanding

You need to know and understand:

- K1 How to identify and agree a programme to develop race riding skills
- K2 How to implement a training programme to develop and improve race riding skills
- K3 How to apply race riding skills in regulated races under licence
- K4 How to evaluate the race riding skills to improve future performance of self and horse
- K5 How to promote health and safety when race riding
- K6 The regulations that apply to jockeys to enable them to conduct themselves professionally within their sport
- K7 The orders and rules of racing in respect of running and racing horses
- K8 The basic structure of the industry, the main responsibilities of key organisations and how the component parts work together.

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