

LANEQ405

Develop and implement a training programme for performance horses



Overview

This standard is for those who are involved with developing and implementing training programmes for performance horses.

It is about assessing the horse's current condition, setting goals for the horse and selecting the most appropriate methods of training to allow the horse to achieve its goals.

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Performance criteria

You must be able to:

- P1 Evaluate the current performance and condition of the horse and identify the horse's training needs
- P2 Establish and agree objectives with the relevant personnel, which the horse is required to achieve to meet the required level of performance
- P3 Formulate training goals and methods based on the agreed objectives, training needs and resources
- P4 Communicate the requirements of the proposed training programme to all those involved in its implementation
- P5 Oversee the allocation of resources to achieve the objectives of the training programme
- P6 Ensure the training programme is implemented to meet the horse's objectives
- P7 Gain feedback from all those involved in implementing the training programme.

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Knowledge and understanding

You need to know and understand:

- K1 The process of establishing measurable goals and objectives for a horse training programme
- K2 The factors affecting the horse's performance and their impact on the training programme
- K3 How to formulate training based on the required objectives and available resources
- K4 The importance of establishing accurate performance records for individual horses
- K5 The dietary requirements for stages of training
- K6 The importance of briefing and maintaining communication with those involved in the implementation of the training programme
- K7 The reasons for blood testing, weighing and interpretation of results
- K8 The advantages and disadvantages of different training methods to meet the objectives of the training programme
- K9 The importance of reviewing and revising a training programme to meet the objectives
- K10 The principles of exercise physiology for horses
- K11 Risks to horses, yourself and others and how these are minimised
- K12 Your responsibilities under relevant animal health and welfare and health and safety legislation/codes of practice.

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