

LANEQ410

Evaluate and review a training programme for a performance horse



Overview

This standard is for those who are involved in managing the training of performance horses. It is about the evaluation, review and modification of a training programme for performance horses.

This involves observing the horse's response and obtaining feedback about the horse's performance and making critical analysis of the effectiveness of the training programme.

This involves adapting the training programme depending on the response of the horse.

Evaluate and review training programmes for the following types of horses:

- Experienced
- Inexperienced
- Unfit
- Fit.

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Performance criteria

- You must be able to:*
- P1 Evaluate the training programme at regular intervals against the agreed objectives and training needs of the horse
 - P2 Obtain feedback on the horse's response to training from relevant personnel
 - P3 Analyse the information obtained and record the results
 - P4 Assess the horse's athletic ability and decide the competitive campaign strategy
 - P5 Modify the training programme to meet the reviewed objectives
 - P6 Discuss the evaluation and modifications with relevant personnel.

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Knowledge and understanding

You need to know and understand:

- K1 The psychological and physical effects which training may have on the horse
- K2 How to recognise physiological and psychological problems in horses and how to deal with them
- K3 Seasonal and environmental effects on specific activities
- K4 Reasons for blood testing and weighing and interpretation of results
- K5 The value of regular evaluation and how this can improve the quality of training which the horse receives
- K6 Why it is important to agree future alterations to training programmes with all relevant personnel
- K7 How to evaluate the training programme against the objectives
- K8 Establish and maintain accurate performance records for individual horses
- K9 How to assess condition and fitness
- K10 Resources needed to train horses to optimum fitness
- K11 Factors which may require a review of potential performance
- K12 The advantages and disadvantages of different training methods and aids
- K13 The welfare of a horse at the end of its career.

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