

## Ride racehorses to improve performance

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### Overview

This standard is about riding racehorses to improve their performance.

You should be able to ride the racehorse at all paces: walking, trotting, cantering and galloping. You will also need to give feedback on the horse's performance to the appropriate person and be aware of the procedures for riding fit, unfit, and straightforward horses and horses with specific behavioural issues.

You will need to be fully aware of the importance of health, safety and animal welfare in connection with this activity.

You will need to be able to recognise hazards and assess risks in the workplace.

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### Performance criteria

You must be able to:

1. select and wear appropriate clothing and personal protective equipment for the activity
2. ride racehorses at all paces to improve their performance
3. report the type of going suitable for individual racehorses to the appropriate person
4. provide feedback on the horse's performance and discuss the accuracy of your feedback with the appropriate person
5. monitor and maintain the health and safety of yourself and others, and the welfare of the horse, during the activity

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### Knowledge and understanding

You need to know and understand:

1. the selection, use and care of personal protective equipment
2. the correct riding position for riding a racehorse
3. the effect of group exercise on some horses
4. the possible abnormalities of racehorses
5. the effects of going on racehorses
6. the paces and distances required during this type of activity
7. the procedures for riding fit and unfit racehorses
8. the procedures for riding straightforward racehorses and those with specific behavioural issues
9. the risks to horses, yourself and others and how these are controlled
10. your responsibilities under relevant animal health and welfare and health and safety legislation and codes of practice.

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### Scope/range

Ride at the following pace:

- walk
- trot
- canter
- gallop

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