

Overview

This standard involves riding schooled horses to maintain training. You should be able to carry out exercises and movements appropriate to the horses' level of fitness and training, and report on progress.

You will need to be fully aware of the importance of health, safety and animal welfare in connection with this activity.

You will need to be able to recognise hazards and assess risks in the workplace.

Ride schooled horses to maintain training

Performance criteria

You must be able to:

1. select and wear appropriate clothing and personal protective equipment for the activity
2. select and adjust tack to meet individual requirements
3. adopt the appropriate riding positions to exercise control over the horse and balance
4. ride schooled horses in a controlled manner appropriate to the working area and conditions
5. ride with a clear plan showing awareness of the Scale(s) of Training
6. carry out movements safely according to training requirements
7. monitor and maintain the progress of the horse against training requirements, and report to the appropriate person
8. make recommendations to the appropriate person about the future training requirements of the horse
9. monitor and maintain the health and safety of yourself and others, and the welfare of the horse, during the activity

Knowledge and understanding

You need to know and understand:

1. the selection, use and care of personal protective equipment
2. the mental and muscular effects of schooling on the horse
3. the behaviour of horses at different stages of training and fitness
4. the reasons for monitoring and maintaining performance
5. the use of school movements and appropriate aids
6. the importance of adopting the correct riding position for schooling horses
7. the risks to horses, yourself and others and how these are controlled
8. your responsibilities under relevant animal health and welfare and health and safety legislation and codes of practice.

Scope/range

Ride two horses at different stages of training

Ride in the following work areas:

- enclosed space
- open space
- on roads/public highways

Ride in following conditions:

- singly
- in groups

Carry out the following:

- walk
- trot - rising and sitting
- canter
- lengthened strides
- school figures
- basic lateral work - leg yield, turn about at the forehand
- transitions
- work without stirrups in all three paces

Glossary

Scale(s) of Training:

- rhythm/regularity
- suppleness/relaxation
- contact/connection
- impulsion
- straightness
- collection

Ride schooled horses to maintain training

Developed by	Lantra
Version Number	2
Date Approved	January 2017
Indicative Review Date	January 2021
Validity	Current
Status	Original
Originating Organisation	Lantra
Original URN	LANEq316
Relevant Occupations	Equine Supervisor
Suite	Equine
Keywords	equine; horses; riding; training
