

Exercise and improve the performance of horses using lungeing or long reining

Overview

This standard is about exercising and improving the performance of horses using lungeing or long reining. You should be able to select and fit tack, maintain control of the horse, determine and agree the exercise needs of the horse and carry out exercise. You should be able to liaise and discuss the performance of the horse with the appropriate person.

You will need to be fully aware of the importance of health, safety and animal welfare in connection with this activity.

You will need to be able to recognise hazards and assess risks in the workplace.

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Performance criteria

You must be able to:

1. select and wear appropriate clothing and personal protective equipment for this activity
2. select and fit suitable tack according to current procedures
3. maintain control of the horse at all times appropriate to the conditions
4. determine the exercise and training needs to improve the performance of the horse and agree them with the appropriate person
5. exercise and improve the performance of the horse using lungeing or long reining
6. evaluate and report the effects that the exercise activities are having on the performance of the horse, to the appropriate person
7. recognise when a horse has had sufficient exercise for its needs
8. monitor and maintain the health and safety of yourself and others and the welfare of the horse during the activity

Knowledge and understanding

You need to know and understand:

1. the selection, use and care of personal protective equipment
2. the types and uses of training aids when lungeing and long reining
3. the use of lungeing or long reining in exercise and training programmes to improve the performance of the horse
4. how horses can be worked from the ground for other disciplines
5. with whom you must liaise, including the owner, rider, trainer and supervisor
6. the risks to horses, yourself and others and how these are controlled
7. your responsibilities under relevant animal health and welfare and health and safety legislation and codes of practice.

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Scope/range

Exercise the following types of horses:

- fit
- unfit
- performance
- leisure
- working

Exercise horses using the following methods:

- walk
- trot
- canter on the lunge

Exercise horses appropriate to the following conditions:

- surface
- weather conditions
- presence of other horses

Exercise and improvement of horses for a specified discipline. The horses should be at varying levels of training

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