Overview

This standard is about developing and applying race-riding skills. It covers riding racehorses in regulated races, under licence, either as a jump jockey or as a flat jockey.

The standard also covers developing an understanding and application of the rules and regulations to become a professional jockey.

The standard covers understanding the basic structure of the industry, the main responsibilities of key organisations and how the component parts work together.

You will need to be fully aware of the importance of health, safety and animal welfare in connection with this activity.

You will need to be able to recognise hazards and assess risks in the workplace.

Develop and apply race-riding skills

Performance criteria

You must be able to:

1. select and wear appropriate clothing and personal protective equipment for the activity
2. identify and agree a programme to develop race-riding skills
3. implement a training programme to develop and improve race-riding skills
4. apply race-riding skills in regulated races, under licence
5. evaluate the race-riding skills to improve the future performance of yourself and the horse
6. monitor and maintain the health and safety of yourself and others, and the welfare of the horse, during the activity

Knowledge and understanding

You need to know and understand:

1. the selection, use and care of personal protective equipment
2. how to identify and agree a programme to develop race-riding skills
3. how to implement a training programme to develop and improve race-riding skills
4. how to apply race-riding skills in regulated races, under licence
5. how to evaluate the race-riding skills to improve the future performance of yourself and the horse
6. the regulations that apply to jockeys to enable them to conduct themselves professionally within their sport
7. the orders and rules of racing in respect of running and racing horses
8. the basic structure of the industry, the main responsibilities of key organisations and how the component parts work together
9. the risks to horses, yourself and others and how these are controlled
10. your responsibilities under relevant animal health and welfare and health and safety legislation and codes of practice

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