

## Evaluate and review the benefits of lungeing and long reining horses

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### Overview

This standard is about evaluating and reviewing the benefits of lungeing and long reining horses. It deals with gathering the information on the benefits of lungeing and long reining and reviewing and modifying where necessary.

The standard is aimed at people with extensive experience of lungeing and long reining.

You will need to be fully aware of the importance of health, safety and animal welfare in connection with this activity.

You will need to ensure the safety of yourself and others, and the welfare of the horses, at all times

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**Performance criteria**

You must be able to:

1. ensure appropriate clothing and personal protective equipment is worn for the activity
2. evaluate and review the benefits of lungeing and long reining horses against the agreed objectives and needs of the horse
3. evaluate a horse's way of going on the lunge and long rein
4. ensure a rapport is developed with the horse
5. ensure suitable techniques are used on the horse being lunged or long reined
6. ensure the lungeing and long reining improves the horse's movement
7. obtain feedback on the horse's response to lungeing and long reining from relevant personnel
8. analyse the information obtained and record the results
9. discuss the evaluation and modifications to the lungeing and long reining with relevant personnel
10. assess hazards and control the risks to horses, yourself and others in connection with this activity

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### Knowledge and understanding

You need to know and understand:

1. the clothing and personal protective equipment that should be worn for the activity
2. the importance of evaluating and reviewing the benefits of lungeing and long reining horses
3. how to critically compare the use of training aids used for lungeing and long reining
4. the importance of evaluating the use of poles in lungeing
5. how to critically compare the uses of lungeing and long reining in schooling horses
6. the risks to horses, yourself and others and how these are controlled
7. your responsibilities under relevant animal health and welfare and health and safety legislation and codes of practice.

## Glossary

The information required to prepare for coaching sessions could include:

- needs of participants
- numbers
- age
- gender
- experience
- medical conditions
- available resources
- type of environment

The sources of information could include:

- previous knowledge of participants
- facilities and resources
- information from participants and organisations

The likely needs of people taking part in sport/activity could include:

- sporting
- social
- personal

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