

### Overview

To maintain healthy and safe working environment, you are required to take reasonable care of the health and safety of yourself and others who may be affected by your work. You are also required to co-operate with your employer to help them comply with their duties under health and safety legislation, and not interfere with or misuse anything provided for your health, safety and welfare. This may include observing particular instructions and procedures or checking items of equipment.

It requires using and taking care of personal safety equipment and clothing and maintaining good personal and workplace hygiene. It also means working in a way that does not have an adverse effect on your own health or puts yourself or anyone else in any danger. You need to be particularly aware of the dangers of working with equines. You should also consider the effect of your actions on the environment and minimise environmental damage.

You must know how to deal with health and safety emergencies and your own capabilities with regard to this. You should also know how to complete any necessary records.

This standard relates to the following applications or contexts:

Identify health and safety risks in relation to:

1. people (including self)
2. equipment and materials
3. the work area
4. the equine

Assess risks in the following areas:

1. training environment
2. work area
3. clients premises

Dispose of the following types of waste:

1. hazardous
2. non-hazardous

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## Monitor and maintain health and safety

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### Performance criteria

*You must be able to:*

#### **Monitor and maintain health, safety and security of the work area**

- P1 identify health and safety risks in relation to the work area and the work being carried out
- P2 carry out specified measures to control risks and keep the appropriate people fully informed if such measures are inadequate
- P3 seek guidance on measures to control unfamiliar risks arising from non-routine work situations
- P4 give health and safety information to others in a manner likely to be understood
- P5 use equipment and materials in accordance with manufacturers instructions and any organisational training
- P6 behave in a way that minimises risks to yourself and others
- P7 take the appropriate action without delay as soon as an emergency is suspected
- P8 dispose of waste materials safely and correctly
- P9 transport any equipment and materials safely and store them correctly at an approved location when not in use.
- P10 maintain the security of the work area in accordance with organisational requirements
- P11 keep any necessary records accurate, legible and complete

*You must be able to:*

#### **Maintain good standards of health and safety for yourself and others**

- P12 use and care for the correct Personal Protective Equipment (PPE) and clothing, assessed as being necessary for the work
- P13 use approved methods and handling equipment when moving and lifting items
- P14 maintain the necessary personal and workplace hygiene at all times
- P15 work in a way which minimises risks to your own safety and health and that of others
- P16 perform your work in a manner which minimises environmental damage
- P17 take appropriate action where incidents affect health and safety of yourself and others
- P18 report incidents without delay and fill out records accurately, legibly and completely

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## Monitor and maintain health and safety

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### Knowledge and understanding

*You need to know and understand:*

#### **Monitor and maintain health, safety and security of the work area**

- K1 your role and responsibilities for health and safety in the work area under organisational policy and legislation
- K2 the main risks to health and safety in your work area (including dust, confined spaces and manual handling)
- K3 why inadequate measures to control risks should be reported and that corrective action needs to be taken
- K4 the importance of following manufacturers data sheets and organisational instructions and potential consequences and risks of not doing so
- K5 procedures for different types of emergencies relevant to your work
- K6 how the procedures to take for specific emergencies may be affected by your location
- K7 different types of fire extinguishers and their use, relevant to the area you work in
- K8 the different forms of waste and correct methods of disposal
- K9 how to transport and store equipment and materials safely, including gas where applicable
- K10 organisational requirements with regard to ensuring the security of the workplace
- K11 the relationships between security and safety within the workplace
- K12 how and why accidents should be reported
- K13 your role and responsibilities for promoting good bio-security in the work area under organisational policy and legislation
- K14 how disease can be transferred to other animals or humans

*You need to know and understand:*

#### **Maintain good standards of health and safety for yourself and others**

- K15 your role in maintaining your own health and safety
- K16 types of personal protective equipment and clothing needed for your work and how they must be used, cleaned, stored, inspected and replaced
- K17 safe use of equipment and machinery
- K18 safe methods for moving and lifting items
- K19 the reasons for maintaining good personal and workplace hygiene relevant to your industry
- K20 the risks of working in isolation or in remote locations and the need for safe systems of work
- K21 the risks of personal injury or health problems associated with your work and these can be minimised
- K22 the effect of adopting safe working practices on long-term personal health and career

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- K23 your own ability to deal with health and safety emergencies (e.g. not carrying out actions beyond your own capabilities) and the reasons for this
- K24 basic emergency first aid procedures
- K25 methods for minimising environmental damage during work
- K26 why accidents should be reported without delay and recorded in the appropriate document
- K27 how to deal with accidents which cause personal injury
- K28 factors which might affect fitness to work including injuries and health conditions

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**Suite** Farriery

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