

LSICLG16

Manage breaks and holidays in the context of therapeutic work



Overview

This unit is about managing breaks and holidays and ensuring that clients are provided with notice about forthcoming breaks and holidays. You will be required to make appropriate arrangements in case the client needs to seek support during your absence. You will be required to recognise and understand the way in which breaks and holidays may affect the therapeutic relationship.

There is one element to this unit

1. Manage breaks and holidays

This unit is relevant to those working in the following counselling contexts

1. Institutions
2. Statutory Services
3. VCS (Voluntary Community Sector Services)
4. Social Enterprises
5. Individual Practice
6. Commercial Enterprises

All units within the suite of National Occupational Standards for Counselling are not specific to any theoretical model.

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Performance criteria

- You must be able to:*
- P1 ensure that clients are provided with substantial notice about forthcoming breaks and holidays
 - P2 establish an agreement about breaks and holidays
 - P3 make appropriate arrangements for clients to seek support in case of emergency during your absence
 - P4 recognise ways in which breaks and holidays may affect the therapeutic relationship or therapeutic process and discuss the impact with the client
 - P5 plan for regular breaks to enhance and restore your own well-being

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Knowledge and understanding

You need to know and understand:

- K1 the impact of breaks and holidays on clients according to your theoretical perspective of practice
- K2 the theory and practice underpinning your therapeutic work
- K3 psychological mechanisms of change
- K4 the therapeutic frame
- K5 all relevant legislation, codes of practice, guidelines and ethical
- K6 the policy of your organisation on breaks and holidays

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Relevant occupations Health, Public Services and Care; Health and Social Care; Child Development and Well Being; Associate Professionals and Technical Occupations; Education and training; Preparation for life and work; Health and Social Services Officers; Health Associate Professionals; Therapists; Social Welfare Associate Professionals; Healthcare and Related Personal Services; Childcare and Related Personal Services

Suite Counselling National Occupational Standards v4

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