

LSICLG21

Undertake routine evaluation of your own counselling practice



Overview

This unit is about evaluating your own and other models of therapy. It requires that you take part in systematic monitoring of your practice and outcomes for your clients. You are required to seek and review feedback from a range of sources. You are also required to participate in clinical practice audit and/or other relevant quality assurance procedures.

There is one element to this unit

1. Undertake routine evaluation of practice

This unit is relevant to those working in the following counselling contexts

1. Institutions
2. Statutory Services
3. VCS (Voluntary Community Sector Services)
4. Social Enterprises
5. Individual Practice
6. Commercial Enterprises

All units within the suite of National Occupational Standards for Counselling are not specific to any theoretical model.

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Performance criteria

Undertake routine evaluation of practice

You must be able to:

- P1 evaluate your own and other models of therapy
- P2 take part in systematic monitoring of your practice and outcomes for your clients
- P3 identify suitable criteria and evaluation tools for evaluating own practice
- P4 seek and review feedback from managers, clinical supervisors, other professionals and clients on your own practice
- P5 review the effect of own values, beliefs, attitudes and behaviours when working as a therapist
- P6 manage a practice that remains open to scrutiny of peers and colleagues
- P7 participate in clinical practice audit and other quality assurance procedures
- P8 incorporate research knowledge related to risk assessment into practice
- P9 contribute to risk management activities
- P10 use clinical supervision for on-going reflection on and evaluation of practice

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Knowledge and understanding

You need to know and understand:

- K1 a consistent, coherent and in-depth theoretical understanding
- K2 know how to review relevant information to evaluate your own practice
- K3 a wide range of therapy models
- K4 a wide range of research methodologies and their underlying philosophical traditions
- K5 process and outcome research in counselling
- K6 defining evaluation criteria
- K7 evaluation tools such as clinical outcomes in routine evaluation (core), instruments or questionnaires derived from a quantitative and qualitative theoretical base
- K8 how to evaluate own practice against specific criteria
- K9 ways to disseminate evaluation findings to the professional community
- K10 relevant national local, professional, and organisational requirements relating to diversity, discrimination, health and safety, security, confidentiality, and data protection.
- K11 ethical principles underlying professional practice

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Suite Counselling National Occupational Standards v4

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