Support children's learning through play



Overview

This standard identifies the requirement when you support children's learning through play in a setting where children are cared for or supported. The standard includes participating in activities with children to encourage communication and language as well as physical, drama, imaginative and creative play. The standard also includes encouraging children to explore and investigate. Finally the standard includes how you contribute to the assessment of children's learning through play.

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Performance criteria

You must be able to:

Participate in activities to encourage communication and language through play

- P1 work in ways that support **active participation** when communicating with children during **play**
- P2 use every opportunity during activities and routines to listen and communicate with children in a way that is child centred and suitable for their needs and abilities
- P3 support the child to ask questions and develop an attitude of open enquiry
- P4 use body language, eye contact, tone of voice and methods of listening that actively encourage the child to communicate
- P5 use **language** to enhance children's communication skills and learning through play
- P6 use all activities and routines to encourage, support and model language and communication
- P7 make sure what you communicate is **child centred** and suitable for the children's needs and abilities

You must be able to:

Encourage children's imaginative play

- P8 support active participation of children when providing a range of materials, equipment and props to support **imaginative play**
- P9 in partnership with children, select equipment and materials for imaginative play, which are inclusive of their own and other cultures
- P10 encourage children to be inclusive of others within their imaginative play
- P11 encourage children to explore the feelings and roles of others through imagination
- P12 support opportunities for children to participate in **unstructured** imaginative play with or without adult intervention
- P13 use unstructured play to support children develop **social and life skills**
- P14 support children to play out roles they see at home and in the world around them and the need for sensitivity in dealing with stereotypes

You must be able to:

Encourage children to be creative

- P15 encourage the child's participation in a range of creative activities
- P16 follow the children's interests and preferences when providing a range of materials, equipment and props to support creativity
- P17 use opportunities for children to learn and discover through use of natural materials including sand and water
- P18 support participation of children to select and display work in ways that supports their self-esteem
- P19 encourage children to spend time outdoors with the opportunity to

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explore natural materials

You must be able to: Support physical play

- P20 encourage and support all children to participate in **physical play** enabling an appropriate element of risk and challenge within their play, according to their abilities, preferences and needs
- P21 help children to assess risk to themselves and others in their physical play
- P22 encourage children to take part in physical play using their whole bodies by providing interesting and stimulating opportunities
- P23 give children opportunities to develop their **fine motor skills** by providing appropriate activities and experiences
- P24 safely supervise children's physical play without over or under protecting them
- P25 encourage children to take turns and consider others feelings and views

You must be able to:

Encourage children to explore and investigate

- P26 help children to use indoor and outdoor environments to explore and investigate their surroundings
- P27 support children to find out about, explore and investigate community resources
- P28 use activities to model your own interest in exploring and investigating
- P29 help children to use ICT as part of their exploration and investigation
- P30 use activities to engage children's curiosity, making sure that activities are carefully prepared, safe, and that children are supported appropriately
- P31 help children examine, and display objects of interest to enhance their learning
- P32 make sure the environment is safe and organised in ways that are child centred and enable children to explore and investigate freely

You must be able to:

Contribute to the assessment of children's learning through play

- P33 observe children learning through play
- P34 record your observations using agreed recording methods within your work setting
- P35 contribute to assessments of children's progress
- P36 complete required record of observations according to confidentiality agreements, legal requirements and work setting policies, procedures and practices
- P37 use observations made by you and others to contribute to planning for children's learning through play

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Knowledge and understanding

understanding		
	Rights	
You need to know and understand:	K1	work setting requirements on equality, diversity, discrimination and rights
	K2	your role supporting rights, choices, wellbeing and active
		participation
	K3	your duty to report anything you notice people do, or anything they
		fail to do, that could obstruct children's rights
	K4	the actions to take if you have concerns about discrimination
	K5	the rights that key people and children have to make complaints
		and be supported to do so
You need to know and	How you	carry out your work
understand:	K6	codes of practice, standards, frameworks and guidance relevant to
		your work and the content of this standard
	K7	the main items of legislation that relate to the content of this
		standard within your work role
	K8	how your own background, experiences and beliefs may affect the
		way you work
	K9	your own roles and responsibilities with their limits and boundaries
	K10	who you must report to at work
	K11	the roles and responsibilities of other people with whom you work
	K12	how to find out about procedures and agreed ways of working in
	1/40	your work setting
	K13	how to make sure you follow procedures and agreed ways of working
	K14	the meaning of child centred working and the importance of
		knowing and respecting all children and young people as individuals
	K15	the prime importance of the interests and well-being of children and young people
	K16	children's' cultural and language context
	K17	how to work in ways that build trust with key people and children
	K18	how to work in ways that support the participation of children
	K19	how to work in ways that respect children's dignity, personal beliefs
		and preferences
	K20	how to work in partnership with people
	K21	what you should do when there are conflicts and dilemmas in your work
	K22	how and when you should seek support in situations beyond your
		experience and expertise
	Theory	for practice

the factors that may affect the health, wellbeing and

development of children

You need to know and

K23

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understand:	K24 K25 K26	how these affect children in different ways factors that promote the health, wellbeing and development of children the main stages of child development and learning		
	Commun	ication		
You need to know and understand:	K27 K28	the importance of effective communication in the work setting factors that can have a positive or negative effect on communication and language skills and their development in children and young		
	K29	people ways to support children and young people to express their needs, views and preferences		
Personal and professional development				
You need to know and	K30	why it is important to reflect on how you do your work		
understand:	K31	how to use your reflections to improve the way you work		
	Health a	nd Safety		
	K32	your work setting policies and practices for health, safety and		
You need to know and understand:		security practices that help to prevent and control infection		
	Safegua	ding		
You need to know and understand:	K33	the duty that everyone has to raise concerns about possible harm or abuse, poor or discriminatory practices		
	K34	signs and symptoms of harm or abuse of children		
	K35	how and when to report any concerns about abuse, poor or discriminatory practice, resources or operational difficulties		
	K36	what to do if you have reported concerns but no action is taken to address them		
	Handling	information		
You need to know and understand:	K37	legal requirements, policies and procedures for the security and confidentiality of information		
	K38	work setting requirements for recording information and producing reports including the use of electronic communication		
	K39	what confidentiality means		
	K40	how to maintain confidentiality in your work		
	K41	when and how to pass on information		

Specific to this NOS

K42 the **transitions** that children and young people may go through

K43 the different types of play, such as structured play, unstructured

You need to know and

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understand:

	play, imaginative play, creative play and physical play.
< 44	how to support active participation of the child in their play and learning
< 45	ideas and views on a child's right to play
< 46	how children may use play to express emotions, fears or anxieties as well as copy behaviour they have observed in key people and those around them
<47	music, movement, songs and games to encourage communication that are appropriate for the children with whom you work
< 48	how play assists children's learning about themselves, those around them and the wider environment
< 49	how play, routines and activities support the development of socia and life skills
< 50	the types of materials and equipment that support play
< 51	the importance of encouraging creativity and the scope of activities involved
(52	the benefits to children of physical play and exercise and the need for sensitivity in dealing with those who find it more difficult to participate

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Additional Information

Scope/range related to performance criteria

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statements required for achievement of the NOS.

The use of the terms 'child' or 'children' in this standard may refer to your work on an individual or group basis.

Note: Where a child or young person finds it difficult or impossible to express their own preferences and make decisions about their life, achievement of this standard may require the involvement of advocates to represent the views and best interests of the child or young person.

Where there are language differences within the work setting, achievement of this standard may require the involvement of interpreters or translation services.

Active participation is a way of working that regards children and young people as active partners in their own care or support rather than passive recipients. Active participation recognises each child and young person's right to participate in the activities and relationships of everyday life as independently as possible

Appropriate language includes questions that give children or young people opportunities for a range of different responses; modelling correct use of language; use of vocabulary to enhance areas of learning such as mathematical, exploration/investigation or children's or young people's personal development

Child centred approaches are those that fully recognise the uniqueness of the child or young person and establish this as the basis for planning and delivery of care and support

Fine motor skills include sewing, threading, use of scissors, small construction, pencil or pen, etc.

Imaginative play includes drama, role play i.e. acting the role of another person either alone or in groups and acting out difficult scenarios. Imaginative play can take the place with or without adult support

Language can include the use of verbal and non verbal methods of communication such as speaking, listening, reading, writing and using sign language such as BSL or Makaton

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Physical play focuses on movement of the body and supports the development of gross and fine motor skills

Play can be defined as activity involving the child exploring ideas, feelings and relationships whilst applying skills and understand gained from experience. Play provides opportunities for children to learn and discover the world about them. Play may be structured with a particular outcome in mind.

Social and life skills support children to communicate effectively and develop coping and self care skills that assist health and well being

Unstructured play refers to play activity freely chosen by the child. The child determines the content and intent of unstructured play. A child may play by themselves or with others. There are many views and theories on the nature and purpose of play which may compliment or challenge the above statement

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Scope/range relating to knowledge and understanding

All knowledge statements must be applied in the context of this standard.

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statements required for achievement of the NOS.

Factors that may affect the health, wellbeing and development may include: family circumstances; folic acid during pregnancy; a healthy diet; positive mental health; physical health; strong social networks; supportive family structure; adverse circumstances or trauma before or during birth; autistic spectrum conditions; discrimination; domestic violence; foetal alcohol syndrome; harm or abuse; injury; learning disability; medical conditions (chronic or acute); physical disability; poverty; profound or complex needs; sensory needs; social deprivation; and substance misuse

Key people are those who are important to a child or young person and who can make a difference to his or her well-being. Key people may include parents, family, friends, carers and others with whom the child or young person has a supportive relationship

Transitions may include starting nursery for the first time, moving from nursery to school, moving home, the birth of a sibling, other changes affecting the child or young person

Values

Adherence to codes of practice or conduct where applicable to your role and the principles and values that underpin your work setting, including the rights of children, young people and adults. These include the rights:

To be treated as an individual

To be treated equally and not be discriminated against

To be respected

To have privacy

To be treated in a dignified way

To be protected from danger and harm

To be supported and cared for in a way that meets their needs, takes account of their choices and also protects them

To communicate using their preferred methods of communication and language

To access information about themselves

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