

## SFHAL1

Link an individual to follow up care after an acute, severe allergic reaction



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### Overview

This standard is about the care that someone requires following their experience of a severe allergic or allergy related episode. It involves checking the nature of the episode they experienced and ensuring that, if there does seem to be an allergic cause, they will receive the diagnosis and advice they need. In the process of doing this, psychological support and information are identified to meet immediate needs.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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### Performance criteria

*You must be able to:*

- P1 gather and read all available information relating to the individual
- P2 review empathically with the individual the history of the episode and the information available
- P3 decide whether the information is consistent with a severe allergic reaction
- P4 discuss how the individual can obtain diagnosis and management advice for their allergic condition
- P5 discuss any preliminary diagnosis the individual may have been given, explaining what has happened in ways that they can understand
- P6 assess, through discussion, the individual's concerns and worries and provide reassurance, age-appropriate information and support
- P7 make early arrangements for the individual to be seen by a specialised allergy service for initial consultation or follow up if already under specialist care
- P8 give the individual the opportunity to ask questions, agreeing that they may contact you if they have further concerns
- P9 arrange follow up support for the individual until a clear diagnosis is made

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### Knowledge and understanding

*You need to know and understand:*

- K1 common allergic conditions and their presentation
- K2 common allergic conditions and their manifestations in multiple organ systems
- K3 severe allergic conditions, their development and risks
- K4 the influence of the individual's environment on allergy
- K5 causes of anaphylaxis
- K6 symptoms and features of anaphylaxis/acute severe allergic reaction
- K7 conditions that can coexist in allergy and the way in which they affect or are affected by allergy
- K8 local availability of allergy services
- K9 local criteria for referral to specialised allergy services
- K10 information on patients organisations
- K11 reliable information and educational resources about allergy

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### Additional Information

#### External Links

This standard has indicative links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

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**Relevant occupations** Health, Public Services and Care; Health Professionals

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**Suite** Allergy Services

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**Key words** Allergen, anaphylaxis, angioedema, asthma, eczema, follow up, management options, rhinitis, trigger, urticaria