

SFHAL12

Provide an individual with a treatment plan to manage acute allergic episodes



Overview

This standard is about a treatment plan for supporting an individual's self care in the case of an acute episode for someone who is otherwise well.

Empowering individuals helps them develop the confidence and knowledge required to handle an acute allergic episode appropriately to the grade of allergic response they are experiencing. The individual needs to know how to step up the treatment and when to ask for help from practitioners. The standard involves issuing individuals with the treatment they might need. Being able to give this guidance depends on an in-depth understanding of acute severe allergic conditions, their development and risks.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 provide time for the individual to develop and discuss their understanding of their allergy, explain the risks it entails and how they can manage an allergic episode for themselves
- P2 help the individual explore their feelings about treating allergic episodes for themselves and part of their wider allergy management
- P3 help the individual evaluate the different risks, costs and benefits of managing allergic episodes themselves versus asking for help
- P4 help the individual anticipate the kinds of circumstance and setting under which they may need to self treat
- P5 help the individual distinguish symptoms of reactions of different degrees of severity
- P6 put the individual in touch with others with similar experience and provide information on relevant patient support organisations and sources of information
- P7 ensure the individual has treatment readily available for use in the event of an allergic reaction and has regular practice and training in its use
- P8 recognise any signs that indicate the individual may not follow the treatment plan and resolve the issues with them
- P9 ensure the individual knows how to access an available, named member of the clinical team for help and advice
- P10 provide the individual with written confirmation of the strategy you and they have agreed and other information and sources to support that agreement

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Knowledge and understanding

You need to know and understand:

- K1 common allergic conditions and their presentation
- K2 acute severe allergic conditions, their development and risks
- K3 current guidelines and literature on allergy management
- K4 how to recognise and manage an acute severe allergic reaction
- K5 stepped treatment according to the severity of the reaction and protocols and guidelines
- K6 medicine device techniques
- K7 local availability of allergy services
- K8 alternative private services and regional or sub regional allergy services when the local allergy service is not available or suitable
- K9 information on organisations for patients
- K10 reliable and valid information and educational resources about allergy

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

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Developed by	Skills for Health
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