

SFHAL13

Enable an individual to use self-injected adrenaline



Overview

This standard is about developing the knowledge and skill the individual requires to administer self-injected adrenaline safely and appropriately in the event of a sudden and severe allergic reaction. Training to use an injector should be given soon after an emergency episode. Practice with a trainer device is essential.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 communicate with the individual in a way that is understandable for their age and situation and fully involves them in discussing how to manage their risk
- P2 ensure the individual can identify the warning signs of anaphylaxis and can recognise accurately the indications for using injectable adrenaline
- P3 introduce the auto-injector as a positive concept
- P4 make the learning as interactive and dynamic as possible, with plenty of opportunity for questions and practice
- P5 emphasise the importance of having the auto-injector available at all times
- P6 give the individual time to become accustomed to the injector's action through practice with a trainer injector pen
- P7 ensure by observation that the individual uses the technique with the trainer pen specified by the manufacturer's current guidelines
- P8 emphasise the need to summon emergency help after adrenaline is given
- P9 ensure the individual knows the lying or sitting position in which to wait for paramedic help according to the type of acute severe allergic reaction they have experienced
- P10 provide the individual with a written treatment plan that includes the instructions you have given
- P11 give information on how to store injectors, checking their shelf life and how to get replacements
- P12 give the individual information on patient support organisations
- P13 inform the individual on what they need to do in the event of accidental injection
- P14 recognise any signs that indicate that the individual may not follow their management plan and discuss with another team member who is able to deal with the issue
- P15 arrange a review to check the individual is able to correctly administer the adrenaline and to ensure the device is in date
- P16 make accurate records of the training you have provided

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Knowledge and understanding

You need to know and understand:

- K1 acute severe allergic conditions and their risks
- K2 the symptoms and features of acute severe allergic reaction
- K3 how to manage an acute allergic reaction
- K4 resuscitation techniques and guidelines
- K5 how to administer injectable adrenaline
- K6 how and when individuals do not carry or use injectors
- K7 information on organisations for patients
- K8 reliable and valid information and educational resources about allergy
- K9 age appropriate facilitation and learning approaches

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Additional Information

External Links

This standard has indicative links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

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