

## SFHAL16

# Optimise allergy treatment for an individual with a multi system condition



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### Overview

Optimising treatments for an individual with a multi system allergic condition is a complex process that must deal with each of the individual's conditions and their interactions. In multisystem allergy, best practice is that an allergy specialist manages and co-ordinates overall care of all the individual's conditions with open and collaborative communication with other specialist practitioners as needed.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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#### Performance criteria

*You must be able to:*

- P1 ensure overall care of the individual is co-ordinated by one practitioner who is recognised as coordinator by other involved practitioners
- P2 discuss the potential factors aggravating the individual's condition
- P3 plan treatment and management systematically to control each condition
- P4 select treatments that match the particular needs of the individual informed by current best practice guidelines where they exist and emerging findings and
- P5 consider aspects of medication to include possible overdose and the modifying effects of one medication on another medication
- P6 start treatments at the time that will have greatest benefit for the individual
- P7 identify potential side effects of medication and ensure that the individual is monitored and tested to detect such changes
- P8 ensure the individual understands the potential interaction of different allergies and the benefits of maintaining good control of their allergy
- P9 ensure the individual understands the chronic nature of their condition and the importance of continuing treatment until the next review to optimise long term control
- P10 review, evaluate and tailor the treatment and management of the individual's condition regularly and according to their short and longer term needs
- P11 identify the individual's needs for dietary and/or psychological support or for information and refer to other practitioners or to support groups as necessary
- P12 provide the General Practitioner with an accurate diagnosis to enable diagnostic coding

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#### Knowledge and understanding

*You need to know and understand:*

- K1 common allergic conditions and their presentation
- K2 complex allergic conditions and their manifestations in multiple organ systems
- K3 acute severe allergic conditions, their development and risks
- K4 environmental influences on allergy
- K5 the impact of allergy on morbidity and mortality
- K6 current guidelines and literature on allergy management
- K7 recent developments in the management of allergic and allergy related diseases
- K8 guidance and other literature on mild, moderate and severe allergic reactions and strategies for managing them
- K9 algorithms on disease management
- K10 current prescribing and treatment guidelines for allergic conditions with co-morbidities
- K11 information on organisations for patients
- K12 reliable and valid information and educational resources about allergy

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### Additional Information

#### External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

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**Suite** Allergy Services

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