

SFHAL9

Design a management package for an individual at risk of an acute allergic reaction



Overview

Designing an individualised management package requires partnership with an individual with allergy and is an important component of supporting people to self-manage. Evaluation of risk, its avoidance and management of allergy is at the heart of this standard. Evaluation is complex and requires expert interpretation. The management package may draw on contributions from a number of practitioners and focus on supporting individuals to adapt their lifestyle, taking into account their specific needs. It may include selections of medication for self-treatment, a written treatment plan, training in the use of medications, allergen avoidance and training of parents and school staff for children with allergy.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 make use of all relevant information available about the individual
- P2 evaluate the level of risk for the individual that involves an assessment of severity of illness and risk of re-exposure of the interaction of their specific allergic condition(s) and specific allergens
- P3 inform the General Practitioner about the management plan and provide an accurate diagnosis to enable diagnostic coding
- P4 select suitable medication and provide a written treatment plan
- P5 distinguish and describe the difference between mild, moderate and severe allergic reactions and identify a strategy for managing the reaction safely
- P6 gauge the ability of the individual to take responsibility for supported self management and tailor your approach accordingly
- P7 give the individual advice on exposure to allergens and how the allergens affect their allergic symptoms
- P8 in the case of food allergy ensure the individual is given dietary advice to maintain adequate nutrition that is consistent with their specific allergic condition
- P9 ensure that the individual can consistently administer their medication effectively through regular expert advice and training on their medication and its administration
- P10 ensure that the family is introduced to the management package so that they can support the individual
- P11 if the individual with allergy is a child arrange training of community paediatric teams and school/nursery staff in avoidance, recognition and treatment of reaction
- P12 ensure the individual knows how to access an available, named member of the clinical team for help and advice
- P13 ensure the individual has information on relevant patient support organisations and reliable, unbiased sources of information
- P14 set a review date with the individual

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Knowledge and understanding

You need to know and understand:

- K1 common allergic conditions and their presentation
- K2 complex allergic conditions and their manifestations in multiple organ systems
- K3 acute severe allergic conditions, their development and risks
- K4 assessing risks for complex, interacting allergies and exposure to allergens
- K5 guidance and other literature on mild, moderate and severe allergic reactions and strategies for managing them
- K6 recent developments in the management of allergic conditions
- K7 medicine device techniques
- K8 how to administer injectable adrenaline
- K9 algorithms on disease management
- K10 current prescribing and treatment guidelines for allergic
- K11 liaison with community paediatric teams
- K12 information on organisations for patients
- K13 reliable and valid information and educational resources about allergy

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

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