## Contribute to developing policies that reduce the risk of Coronary Heart Disease (CHD)



#### **Overview**

This standard is about contributing to developing organisational, local or national policies designed to reduce the risk of CHD.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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### Performance criteria

You must be able to:

- P1 identify the opportunities you have to influence the development of policies
- P2 provide valid information backed by research evidence in ways that are likely to influence policy makers
- P3 monitor the development of policies to gauge the extent to which they take account of the information you provide
- P4 where policies do not take account of the information you provide, find out the reasons for this and adapt the ways in which you provide information in the future

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### Knowledge and understanding

You need to know and understand:

- K1 how to present information in ways that are likely to influence policy makers
- K2 the importance of monitoring and evaluating your influence on policies and using monitoring and evaluation information to help you increase your influence in the future
- K3 policy-making processes that you are able to influence, and the opportunities you have to influence these policies
- K4 the factors which determine the risk of CHD and the relative impact of these factors
- K5 how factors in people's lifestyles (ie physical activity, smoking, diet, stress, alcohol consumption) can affect their risk of developing CHD
- K6 research-based evidence of the impact of environmental, social, lifestyle and behavioural factors on the incidence of CHD
- K7 the potential effects that modification of lifestyle and risk factors may have on individuals
- K8 the ways in which policies can affect environments and communities and encourage people to adopt lifestyles and behaviours that reduce the risk of CHD
- K9 research-based evidence of the effects of policies in reducing the risk of CHD
- K10 the types and relative effectiveness of different policies in reducing the risk of CHD
- K11 work environments and ways of working that encourage the adoption of behaviour and activities that reduce the risk of CHD

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### **Additional Information**

**External Links** 

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: Core 4 Service improvement

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