

SFHCHDGB2

Monitor individuals diagnosed with heart failure



Overview

This standard is about monitoring individuals diagnosed with heart failure.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 receive regular progress reports from the service providers and services involved in delivering the care plan for the individual
- P2 communicate with the individual in an appropriate manner, recognising the stressful nature of heart failure
- P3 obtain the individual's informed consent to the monitoring process
- P4 minimise any unnecessary discomfort and encourage the individual's full participation in the assessment
- P5 undertake a clinical assessment of the individual's functional capacity, fluid status, cardiac rhythm, cognitive status and nutritional status
- P6 arrange for laboratory assessments of the individual's serum and other tests, as
- P7 explain clearly how the individual can monitor themselves and provide support to them if they wish to do so
- P8 confirm emergency procedures to the individual, their family/carer and community healthcare professional

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Knowledge and understanding

You need to know and understand:

- K1 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)
- K2 how to establish an understanding of an individual's values, beliefs and interests
- K3 the importance of establishing rapport, and how to do so
- K4 how to ask questions, listen carefully and summarise back
- K5 how to establish effective communication with and between services providers
- K6 the range of diverse cultures prevalent in the community
- K7 the religious beliefs of different cultures
- K8 the effects of different cultures and religions on care management
- K9 the principle of confidentiality and what information may be given to whom
- K10 the importance of involving individuals in discussions, and how to do so
- K11 the importance of encouraging individuals to ask questions, and how to do so
- K12 the principles of evidence-based practice, and how to apply them
- K13 anatomy and physiology of the human body
- K14 anatomy and physiology of the heart and renal system
- K15 basic cardiovascular anatomy, physiology and biochemistry
- K16 the principles of informed consent, and how to obtain informed consent from individuals
- K17 the individual's care plan
- K18 how factors in people's lifestyles (e.g. physical activity, smoking, diet, alcohol consumption, religious beliefs) can affect their care management plan
- K19 the nature of CHD, its different forms and its physical and psychological effects on individuals and their families
- K20 causes and factors that determine heart failure and its different stages
- K21 terminal stages, how to recognise them and what to do
- K22 the short-, medium- and long-term effects of heart failure on the individual's physical, psychological, mental and biological states and functions
- K23 co-morbidity, and their effects on heart failure
- K24 how to communicate with individuals diagnosed with heart failure
- K25 the local protocols of contacting members of the multi-disciplinary team
- K26 the range of baseline observations (e.g. weight, breathlessness, oedema, fatigue), how and when to perform them
- K27 the range of baseline tests (e.g. blood pressure, heart rate and rhythm, exercise tolerance test), how and when to perform them
- K28 how to undertake a clinical assessment of functional capacity, fluid status, cardiac rhythm, cognitive status and nutritional status

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- K29 serum biochemistry assessments (i.e. urea, electrolytes) and the range of other tests (e.g. thyroid function, haematology, liver function, level of anticoagulation) that may be required when monitoring individuals with heart failure
- K30 how to identify deviations from normal states, and what to do about them
- K31 when to seek advice and refer the individual for further investigations
- K32 the frequency of monitoring intervals, and how to establish them
- K33 organisational guidelines on keeping records
- K34 organisational guidelines on the format and frequency of the progress reports from service providers
- K35 organisational and local reporting arrangements
- K36 your level of authority in optimising care
- K37 your level of authority in optimising titrations

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

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