

SFHCHDHA4

Monitor and evaluate individuals' attempts to reduce their alcohol consumption



Overview

This standard is about monitoring and evaluating individuals' attempts to reduce their alcohol consumption.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 obtain full, accurate details of individuals who wish to reduce their alcohol consumption, in line with national and local guidelines and policies
- P2 obtain individuals' consent to their attempts to reduce their alcohol consumption being monitored in line with guidelines and policies
- P3 monitor individuals' success in reducing their alcohol consumption at the intervals specified in guidelines and policies
- P4 report the results of alcohol reduction services in line with guidelines and policies

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Knowledge and understanding

You need to know and understand:

- K1 how to present information and advice in ways which are appropriate for different people
- K2 the importance of obtaining full and accurate information about individuals, and how to do so
- K3 the principle of confidentiality and what information may be given to whom
- K4 local and national guidelines and policies for monitoring alcohol reduction services
- K5 the principle of informed consent, and how to obtain informed consent from individuals
- K6 the importance of monitoring and reviewing progress towards behavioural change, and how to do so

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB4 Enablement to address health and wellbeing needs

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