Recognise indications of heart conditions and take appropriate action



Overview

This standard is about recognising the indications of acute cardiac syndromes and taking appropriate action. This workforce competence has been developed for practitioners who may be working in settings outside the Coronary Heart Disease area e.g. primary care setting, general wards.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 recognise promptly the symptoms of acute cardiac syndromes
- P2 encourage the individual to explain their symptoms and medical history, if individual is able to
- P3 call for emergency medical help immediately, following organisational procedures, if appropriate
- P4 provide immediate First Aid including CPR, if required and if you are trained in First Aid and CPR
- P5 seek immediate First Aid and CPR assistance, if you are not trained in First Aid and CPR, if appropriate
- P6 ensure you or someone stays with the individual until emergency medical help arrives
- P7 provide support for witness as appropriate

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Knowledge and understanding

You need to know and understand:

- K1 how to ask questions, listen carefully and summarise back
- K2 how to obtain clear information from the individual
- K3 first Aid for heart conditions, how to provide it
- K4 how to perform CPR, if trained to do so
- K5 agreed procedures for performing CPR
- K6 the presenting symptoms of acute cardiac syndromes
- K7 the cardiac chain of survival
- K8 awareness of atypical presentations of acute cardiac syndromes
- K9 agreed pathways of care for individuals with acute cardiac syndromes in the local area
- K10 agreed procedures to alert cardiac arrest team
- K11 agreed procedures for calling emergency medical help
- K12 own role and its scope

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

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