

[Unique Reference Number]

Assist in delivering the care plan for individuals needing care



Overview

This standard is about assisting in delivering the care plan for individuals needing care.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 respect the individual's privacy, dignity, wishes, and beliefs and minimise any unnecessary discomfort
- P2 prepare the individual, self, equipment and materials appropriately for the activity to be undertaken
- P3 undertake activities as delegated and taught, in line with legislation and organisational guidelines
- P4 immediately bring any changes in the individual's condition to the attention of the relevant member of the individual's Multi-Disciplinary Team (MDT) or the senior member of your team, if appropriate
- P5 provide support to the individual's MDT, where appropriate
- P6 support the individual throughout, encouraging them to promote their own health and wellbeing
- P7 clearly and concisely note on the individual's records any concerns you or the individual may have about the individual's condition, the services and the assistance provided
- P8 request any equipment or materials required for the next session in line with organisational guidelines

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Knowledge and understanding

You need to know and understand:

- K1 how to communicate with patients and carers in a sensitive and appropriate manner
- K2 how to ask questions, listen carefully and summarise back
- K3 the importance of establishing rapport, and how to do so
- K4 the range of diverse cultures prevalent in the community
- K5 the religious beliefs of different cultures
- K6 the effects of different cultures and religions on care management
- K7 the principle of confidentiality and what information may be given to whom
- K8 the importance of encouraging individuals to participate fully in activities relating to their health and well being, and how to do so
- K9 the principle of informed consent, and how to obtain informed consent from individuals
- K10 how to dispense medications according to prescriptions
- K11 the range of medications and their effects and side-effects
- K12 the local protocols of contacting members of the Multi Disciplinary Team (MDT)
- K13 the MDT member responsible for each aspect of the individual's care plan, and how to contact them
- K14 how to undertake baseline observations and tests
- K15 how to identify changes in conditions and what to do when these occur
- K16 the importance of respecting individuals' privacy, dignity, wishes and beliefs, and how to do so
- K17 how to lift and move an individual
- K18 how to support an individual while aiding with walking and light exercise
- K19 what to do in case of emergencies when assisting individuals with activities
- K20 organisation's procedures for requesting any equipment or materials required for the next session
- K21 organisation's procedures for making notes
- K22 organisation's policy on confidentiality
- K23 your level of authority and competence in undertaking activities

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB5 Provision of care to meet health and wellbeing needs

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Developed by	Skills for Health
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Relevant occupations	Health, Public Services and Care; Health Professionals; Healthcare and Related Personal Services
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Suite	Coronary Heart Disease
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Key words	coronary heart disease, MDT, care plan
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