

SFHCHS10

Undertake stoma care



Overview

This standard covers undertaking the care of a bowel/bladder stoma. This may be for individuals with new stomas or for individuals with established stomas who are unable to manage their own stoma care. Where the stoma is newly formed in the immediate post-operative period, these activities must be undertaken using an aseptic technique and following local guidelines and procedures. The standard is applicable in a variety of care settings including hospitals, care homes, the individuals own home or other community settings such as GP surgeries.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 apply standard precautions for infection prevention and control and take other appropriate health and safety measures
- P2 check the individual's identity and confirm the planned activity
- P3 give the individual relevant information, support and reassurance in a manner which is sensitive to their needs and concerns
- P4 gain valid consent to carry out the stoma care activities
- P5 confirm all equipment and materials for stoma care are:
 - P5.1 as prescribed/detailed in the individual's plan of care
 - P5.2 appropriate to the procedure
 - P5.3 fit for purpose
- P6 carry out stoma care:
 - P6.1 at an appropriate time according to the individual's plan of care
 - P6.2 using appropriate techniques
 - P6.3 in line with manufacturer's instructions
 - P6.4 in a manner which optimises the patient's comfort and dignity and minimises pain and trauma
- P7 observe and support the individual throughout the stoma care
- P8 recognise and report any condition or behaviour which may signify adverse reactions to the activity and take the appropriate action
- P9 encourage individuals to communicate any concerns about their stoma care needs and functioning
- P10 monitor and report on the individual's pattern of stoma function, consistency of body waste and any changes that may have occurred
- P11 encourage and assist individuals to select and consume food and drink and take medication if prescribed to maintain effective stoma function
- P12 provide active support for individuals to manage their own stoma in a manner that promotes self respect, maximises privacy and is consistent with the plan of care
- P13 provide stoma care equipment at a time and place convenient to the individuals needs and circumstances
- P14 take appropriate action when the stoma care equipment appears to be inappropriate or unsuitable
- P15 give individuals the opportunity to dispose of their own used stoma care equipment and maintain their personal hygiene
- P16 ensure that equipment and soiled linen is disposed of safely, hygienically and in ways which minimise the risk of cross infection
- P17 record the outcomes of stoma care activity correctly using the method agreed in your care setting
- P18 report your findings and/or activity to the appropriate member of the care team

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Knowledge and understanding

You need to know and understand:

- K1 the current European and National legislation, national guidelines, organisational policies and protocols in accordance with Clinical/Corporate Governance which affect your work practice in relation to undertaking stoma care
- K2 your responsibilities and accountability in relation to the current European and National legislation, national guidelines and local policies and protocols and Clinical/Corporate Governance
- K3 the duty to report any acts or omissions in care that could be detrimental to yourself, other individuals or your employer
- K4 the importance of working within your own sphere of competence and seeking advice when faced with situations outside your sphere of competence
- K5 the importance of applying standard precautions to undertaking stoma care and the potential consequences of poor practice
- K6 what valid consent means and why it must be obtained and confirmed prior to actions being taken
- K7 why individuals should be supported and told about the activity/or procedure
- K8 how your personal beliefs may cause you difficulties with certain procedures and how you manage this conflict in practice
- K9 the concerns and worries which individuals or client groups may have in relation to undertaking stoma care
- K10 the importance of exercising sensitivity to the individual's perception of the situation
- K11 the factors which will affect the level of assistance required such as age, medical condition, personal beliefs and preferences
- K12 the adverse reactions which may occur during and following stoma care activities and how to identify and deal with these
- K13 the role of the Stoma Care specialist practitioner and how they can be contacted
- K14 the reasons why a stoma may be fashioned
- K15 the anatomy in relation to the position and function of:
 - K15.1 colostomies
 - K15.2 ileostomies
 - K15.3 ileal conduits
 - K15.4 nephrostomy
- K16 the effects of diet and mobility on stoma function
- K17 the potential consequences of contamination of stoma drainage systems
- K18 the equipment and materials required for undertaking stoma
- K19 the types of stoma appliances available
- K20 the suitability of stoma appliances for different types of stoma

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- K21 the personal protective clothing and additional protective equipment which should be worn for the individual's and your protection
- K22 the importance of involving the individual in the care of their stoma
- K23 the importance of providing the individual with sufficient stoma care materials to carry out stoma care themselves
- K24 why questions which are beyond your role or knowledge need to be passed onto the appropriate member of the care team
- K25 the importance of keeping accurate and up to date records
- K26 the specific records required for each clinical activity you are required to undertake
- K27 the importance of immediately reporting any issues which are outside your own sphere of competence without delay to the relevant member of staff

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Additional Information

External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB5 Provision of care to meet health and wellbeing needs

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Suite Clinical Health Skills

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