

## SFHCHS232

### Implement, monitor and evaluate therapeutic interventions within an overall care programme



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#### Overview

This standard covers implementing and reviewing therapeutic interventions and ending your involvement with individuals following therapeutic interventions with individuals with health and wellbeing needs as part of their overall care programme.

The standard is based on the premise that for effective care implementation to take place, you need to have sufficient understanding of the context of the individual and the holistic nature of health and social well being. You must be able to communicate effectively with individuals and significant others and integrate your work with that of other practitioners. Throughout the process, individuals and significant others are encouraged and supported to take an active part and this is enhanced by using, as far as is possible, therapeutic interventions which are sustainable by the individual in their own context.

Users of this standard will need to ensure that practice reflects up to date information and policies

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#### Performance criteria

*You must be able to:*

- P1 encourage individuals to participate appropriately in the activity and to promote their own health and social well-being
- P2 ensure that the methods you use are consistent with the agreed care programme and used correctly
- P3 make appropriate modifications to the methods used when this is necessary to achieve a successful outcome
- P4 monitor the effect of the activity on the individual throughout the process to ensure that the benefits outweigh the risks
- P5 stop the activity and take appropriate action without delay when risks to the individual are too great to proceed
- P6 ensure that throughout the activity, you evaluate its effectiveness and the information gained on the individual's needs to inform future actions
- P7 halt the activity when overall information suggests that there is no need or it is inappropriate to continue
- P8 at the end of the activity, review its effectiveness with the individual and significant others to evaluate whether its goals have been met
- P9 modify interventions in light of information available on the individual's needs and the progress made
- P10 make complete, clear and logical records of interventions and their outcomes
- P11 discuss and agree the reasons for ending your involvement with the individual and significant others in an appropriate manner
- P12 give clear information to the individual and significant others about how to access support if their situation were to change in the future
- P13 pass relevant and appropriate information on the decision promptly to care practitioners who made the original referral and any others who are authorised to receive it
- P14 when you refer the individual on to another practitioner, include information on any particular requirements of the individual as agreed with the individual
- P15 pass full and accurate information:
  - P15.1 only to those entitled to receive it consistent with organisational and legal requirements and agreements made with the individual
  - P15.2 to those who have overall responsibility for maintaining the quality of service in circumstances where organisational constraints have affected the service which you could offer to individuals
- P16 ensure the information you communicate to others on the programme,

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outcomes and any agreements reached is consistent with organisational and legal requirements and agreements made with the individual

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#### Knowledge and understanding

*You need to know and understand:*

- K1 different types of therapeutic interventions in your area of practice and the purpose and use of these
- K2 methods of implementing the interventions effectively
- K3 how to evaluate each of the different interventions
- K4 the evidence for the effectiveness of each of these interventions and how to determine which is/are most appropriate to use for different individuals, their particular needs and prognosis
- K5 how each of the interventions may be modified in order to achieve a successful outcome
- K6 methods of encouraging the individual to be as actively involved as possible and the relationship of this to the promotion of their health and wellbeing
- K7 the particular risks which specific interventions may have
- K8 how to monitor the effect of the interventions on the individual and evaluate their efficiency
- K9 methods of establishing when interventions should be halted
- K10 methods and processes for evaluating the information being gained on the individual as the programme of interventions proceeds and feeding this into the overall picture you have of the individual's needs and the future interventions which will be of use in meeting those needs
- K11 methods of reviewing with the individual and significant others the effectiveness of the interventions and evaluating whether the goals of individual interventions and the overall programme have been met
- K12 methods of modifying subsequent interventions given the on-going information which is being collected on the individual and the relationship of this to their known and changing needs
- K13 methods of recording interventions and their outcomes clearly and concisely and in a way which others can use
- K14 methods of communicating assessment information to others balancing the duty of confidentiality, any agreements made with the individual, risks and duty of care
- K15 the purpose of agreeing the goals with the individual at the start
- K16 the information which the individual is likely to want and/or need in relation to the interventions given their need to be involved, any concerns and physical needs they may have
- K17 methods of encouraging the individual and significant others to take a full and active part in the review process and to offer their views as equal

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partners in the process

- K18 the information which is necessary for the review to be carried out effectively
- K19 the different sources of information on the individual's needs and on the effectiveness of the programme in meeting those needs, and how these can be best accessed
- K20 methods of evaluating the effectiveness of the programme as a whole and the different interventions within it, including the various outcomes
- K21 how individuals and significant others may indicate concerns about the process without making them clear and explicit
- K22 how to listen and hear what the individual has to say about the interventions and the need to take their views on board
- K23 the range of different ways in which the interventions can be altered to meet the needs of individuals and the ways in which their needs may have changed
- K24 methods of recording the outcomes and content of the review process effectively, and the information which is necessary to include
- K25 the variety of reasons there may be for ending your involvement with individuals and significant others
- K26 the reasons why individuals may not wish the programme of interventions and/or your involvement to be ended
- K27 the purpose of explaining the reasons for ending your involvement to individuals and significant others and giving them the opportunity to discuss them
- K28 the reason for providing information on ending your involvement to the practitioner and agency who made the original referral
- K29 others who may need the information on ending your involvement and the reasons for this
- K30 the nature and scope of information which other practitioners will need about ending the programme and any related arrangements
- K31 methods of determining the amount of information people need balancing this with risks involved, the interests of the individual and legal duty of care
- K32 how to make effective referrals to others and the nature of the information they will need
- K33 the organisational constraints which may affect the services which it is possible to offer
- K34 methods of evaluating the extent to which it is organisational and other constraints which have affected the decision to end your involvement rather than reasons related to the individuals needs and the actions to take when this happens

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K35 the reasons for ensuring that records are complete at the end of the programme particularly in relation to self-discharge

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### Additional Information

#### External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and Treatments

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<b>Relevant occupations</b>	Healthcare professionals
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<b>Suite</b>	Clinical Health Skills
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<b>Key words</b>	Care; programmes; review; communication; interventions
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