# Implement specific parts of individualised programmes of care



#### **Overview**

This standard covers working as a member of an inter-disciplinary team through implementing specific parts of individualised programmes and contributing to evaluation and review. The term 'inter-disciplinary team' has been used to mean teams formed of practitioners drawn from different professions (or different disciplines within a profession) who are working together as a co-ordinated team to achieve agreed objectives with service users.

As you will be one of the main points of contact with individuals and will be undertaking specific individualised programmes of care, probably on a person-focused basis, there is a strong focus in this standard on promoting individual's rights. Due to the nature of the interventions, there will also be a number of issues related to confidentiality and consideration of who has access to certain information.

This standard applies to people who work as a member of an inter-disciplinary team to implement specific parts of individualised programmes of care for people with health and wellbeing needs. The focus of the work is likely to be related to the services offered by an integrated service, such as a rehabilitation standard, community team or in day care, or the service offered by a functional team such as assertive outreach, crisis intervention. It is likely that the practitioner will specialise in working with one particular service user group or in one setting. Users of this standard will need to ensure that practice reflects up to date information and policies.

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## Performance criteria

#### You must be able to:

- P1 select and arrange the environment, equipment and materials that are required in a way which is appropriate for, and encourages the full participation of, the individual
- P2 minimise avoidable distractions and disturbances
- P3 where possible and appropriate, you confirm the individual's consent to the activity
- P4 work in partnership with the individual to implement activities as appropriate to the individual and their identified needs
- P5 give individuals sufficient and appropriate information, guidance and support to enable them to participate effectively
- P6 throughout the activity, you treat individuals in a manner which is likely to promote their health and wellbeing, dignity and self-esteem
- P7 maintain effective communication with the individual and anyone who is accompanying them and encourage them to comment constructively on the process
- P8 take appropriate action without delay in response to any problems so that the activity can proceed in as normal a manner as possible whilst maintaining the safety of those involved
- P9 co-ordinate your actions with those of others when working alongside other practitioners
- P10 bring inconsistencies in the goals and approaches of team members to their attention as soon as is possible in an effective and constructive way
- P11 discuss any concerns you may have about the effectiveness of sessions in meeting the individual's identified needs, and changes in the individual's needs, with other members of the care team as soon as is possible
- P12 ensure your records of activities are accurate, legible and complete and capable of being used by others

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## Knowledge and understanding

You need to know and understand:

- K1 the principles of inter-disciplinary working
- K2 how inter-disciplinary working differs from other models of care provision
- K3 the role of other workers who are contributing to the care programme and the particular benefits and strengths which each brings
- K4 your role in the inter-disciplinary team and how it relates to the roles of the other team members
- K5 the purpose of clarifying your own role and that of others when working with different individuals
- K6 ways in which inter-agency and inter-disciplinary working can contribute to more effective delivery of care
- K7 why effective communication is particularly important in an interdisciplinary team
- K8 the philosophy and approach of the inter-disciplinary team and its members
- K9 your responsibility to keep records
- K10 what is meant by 'individual consent', the purpose of confirming, if possible and appropriate, that the individual has consented to the intervention on each specific occasion of contact
- K11 the situations when an individual may not be able to give their consent and what to do in response to these
- K12 the legal, professional and organisational frameworks and policies related to statutory powers to intervene without an individual's or their representative's consent
- K13 why it is important that the individuals and significant others understand the purpose and form of the interventions and have the opportunity to ask questions
- K14 why it is important to promote the dignity and self-esteem of the individuals
- K15 why it is important to provide ongoing encouragement and positive feedback about achievements to individuals during activities, and the purpose of this
- K16 the equipment and materials which are needed for the different aspects of the care programme for which you are responsible
- K17 how to arrange and manage the environment so that it enables the individual to participate fully and encourages their involvement
- K18 steps that can be taken to minimise disturbances and distractions and how the location affects the steps that can be taken such as in individuals' own homes

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- K19 strategies and approaches to encourage individuals to contribute fully to interventions
- K20 how an individual's culture, belief and preferences can affect their involvement in and attitude to interventions
- K21 how culture, beliefs and preferences can be an important factor in communication
- K22 the purpose of constructive feedback and how this differs from positive feedback
- K23 the factors that affect the achievement of agreed goals and how each of these can be identified
- K24 methods of co-ordinating your own work with that of others
- K25 from whom support should be sought when you have concerns about the care programme and effectiveness of any aspect of it
- K26 your role and responsibilities for recording activities and outcomes

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### **Additional Information**

**External Links** 

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and Treatments

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