

SFHCHS34

Provide help for children and young people to understand their health and wellbeing



Overview

This standard is about the practitioner helping children and young people to understand their situation in relation to their health and wellbeing. This will be done during the normal course of the practitioner's work, and is not something that can be achieved in a one-off session. It is important also that the practitioner uses play and other methods to develop their relationship according to the age of the child or young person. They are then in a position to discuss the situation of the child or young person in more depth, and to explore with them what they feel about the situation, and what they would like to happen to them. This will also include those who are involved in their care, e.g. parents and family members, but the child or young person is central to this process.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

- You must be able to:*
- P1 discuss with the child or young person their views on their health and wellbeing
 - P2 assist the child or young person to achieve an understanding of the nature of their needs, and help them prioritise them
 - P3 consult with the child or young person and those involved in their care on their view of their needs
 - P4 provide relevant information on the people that can assist them in understanding their health and wellbeing
 - P5 explain clearly to the child or young person and those involved in their care the options that are realistically available to them
 - P6 support the child or young person and those involved in their care to communicate with each other through a partnership based approach
 - P7 provide clear information on how to access the support that they need in order to meet their needs
 - P8 assist the child or young person and those involved in their care to highlight in any communication the key issues in relation to their health and wellbeing
 - P9 encourage them to pursue ways to understand their health and wellbeing and discuss any anxieties they have about this

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Knowledge and understanding

You need to know and understand:

- K1 the legislation which relates to working with children and young people including; confidentiality and information sharing, the provision of services, the rights of children, anti-discriminatory practice, informed consent and child protection
- K2 how to interpret and apply legislation to the work being undertaken
- K3 the professional standards and codes of practice for your area of work within children's services and how to interpret and apply these
- K4 how to balance your responsibilities as a professional with organisational and contractual requirements
- K5 the nature, aims, objectives, values, policies and systems of the organisation in which you work
- K6 the contractual arrangements relating to the services which you offer through your organisation
- K7 the nature, extent and boundaries of your work role and its relationship to others in the organisation
- K8 the roles of other health and social care practitioners and how they relate between and across agencies
- K9 the extent of your own role and responsibilities in relation to working with children and young people
- K10 the ethics concerning consent and confidentiality, and the tensions which may exist between an individual's rights and the organisation's responsibility to individuals
- K11 the legal framework for consent in childhood, including when children and young people are entitled to give consent for themselves, and the role and responsibility of those with parental responsibility for the child or young person in giving consent
- K12 the importance of gaining assent from children and young people who lack capacity to consent
- K13 methods of obtaining informed consent and how to confirm that sufficient information has been provided on which to base this judgement
- K14 the situations when consent may not be required e.g. under relevant mental health legislation
- K15 how to deal with issues of confidentiality and who has the right of access to information that has been recorded
- K16 the key government policies relating to the health and wellbeing of children and young people
- K17 the main issues and debates relating to the health and wellbeing of children and young people
- K18 the guidance that is available for you own practice, and the sources of the guidance

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- K19 evidence based practice, and its role in improving services
- K20 the main trends and changes relating to the health and wellbeing of children and young people
- K21 the main conditions affecting children and young people in your area of practice
- K22 the differing needs of children and young people at different stages of their lives
- K23 child development, including physiological and psychological development
- K24 the impact of parenting capacity on the health and wellbeing of children and young people
- K25 the impact of family and environment on the health and wellbeing of children and young people
- K26 how the needs of children and young people may affect others
- K27 the contributing factors that increase the risk of significant harm to children and young people
- K28 how to communicate effectively with children and young people, and those involved in their care
- K29 the importance of focusing on the child or young person as an individual
- K30 the ways in which those involved in the care of children and young people should be involved in communication in order to deliver the most effective outcome for the child or young person
- K31 the ways in which communication can be modified and altered for different needs, contexts and beliefs, including the age and development stage of the child or young person
- K32 the ways in which children and young people communicate by behaviour, as well as through language, and how different forms of behaviour can be interpreted
- K33 the effects of environments and contexts on communication (particularly institutional settings)
- K34 the types of question that children and young people might ask about your work
- K35 the type of communication and relationship difficulties that can occur, and what to do to overcome communication and relationship difficulties
- K36 the information and guidance that is available for children and young people and how to access this
- K37 other professionals, networks and agencies that are available to support children and young people and how to access these

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: Core 1 Communication

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Developed by Skills for Health

Version number 1

Date approved June 2010

Indicative review date June 2012

Validity Current

Status Original

Originating organisation Skills for Health

Original URN CHS34

Relevant occupations Health, Public Services and Care; Health and Social Care; Managers and Senior Officials; Associate Professionals and Technical Occupations; Health and Social Services Officers; Health Associate Professionals; Personal Service Occupations; Healthcare and Related Personal Services

Suite Clinical Health Skills

Key words Medication, Specimens, Treatment/therapy, Examination, Dialysis, Life Support
