Assess risks associated with health conditions



Overview

This standard is about working with individuals to assess the risks associated with health conditions to manage their health and well-being. It covers the discussion of assessment outcome and assessing a range of risk factors relating to patient status, condition, priorities, cost-benefits, potential improvements. It does not include the development of a care plan based on the assessment outcomes which is covered by other standards.

This standard is applicable to a wide range of health contexts and roles in emergency, primary and secondary care.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 work within your level of competence, responsibility and accountability and respond in a timely manner to meet individual's needs
- P2 check the individual's identity and obtain valid consent for the assessment
- P3 communicate with the individual and, with their agreement, any carer who is present, in a manner appropriate to them and which encourages an open exchange of information
- P4 respect the individual's rights and wishes relating to their privacy, beliefs and dignity
- P5 review the individual's medical history and any medications, using all relevant sources of relevant information
- P6 review the lifestyle factors and their impact on the health and well-being of the individual
- P7 select appropriate risk assessment tools, equipment and methodologies which take account of the needs and goals of the individual and that address the health condition risk analysis
- P8 explain the risk factors and assessment process to the individual and relevant carers
- P9 apply the appropriate tools and methodologies to measure the relevant risk factors
- P10 discuss the findings of the risk assessment and how often the risk assessment should be reviewed with the individual and relevant carers if present
- P11 record assessment results accurately and clearly, ensuring that all appropriate risk factors have been included
- P12 ensure you maintain the confidentiality of information at all times in accordance with information governance

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Knowledge and understanding

You need to know and understand:

- K1 your own level of competence, authority and knowledge in relation to undertaking risk assessments
- K2 the importance of identifying the individual and yourself and gaining valid consent from individuals or from others where individual's lack capacity to do so
- K3 how to manage the privacy and dignity of individual's throughout required procedures
- K4 the ethics concerning confidentiality, and the tensions which may exist between an individual's rights and the organisation's responsibility to individuals
- K5 the importance to respect the rights of individuals to make decisions for themselves and to take risks in the context of their own lives
- K6 the importance of communicating with individuals and relevant carers in a manner that is consistent with their level of understanding, culture, background and preferred ways of communicating
- K7 principles of clinical risk management and how to apply these to your work
- K8 the life style factors and behaviours which determine the risk of specific health conditions and the relative impact of these
- K9 how to select and use risk stratification tools for risk assessment and the sources of the guidance for the individual and relevant others
- K10 methods of evaluating the subsequent risks which may be inherent in various courses of action
- K11 how to explain the outcomes of the risk assessment and subsequent actions which may be necessary
- K12 the different fears and concerns that individuals may have about the outcomes of the risk assessment
- K13 the roles of other health and social care practitioners required to address identified risk factors and how they relate between and across agencies
- K14 national and local policy and guidelines for accessing, updating and maintaining individuals' records and confidentiality in accordance with information governance
- K15 the current European and National legislation, national guidelines, organisational policies and protocols and Clinical Governance which affect your work practice
- K16 your responsibilities and accountability in relation to the current European and National legislation, national guidelines and local policies and protocols and Clinical Governance

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB2 Assessment and care planning to meet people's health and wellbeing needs

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