

SFHCHS55

Facilitate the individual's management of their condition and treatment plan



Overview

This standard relates to the provision of advice, guidance and information to individuals and relevant others on the day-to-day management of their condition and arrangements for their treatment plan. This standard is applicable to a wide range of health contexts in emergency, primary and secondary care.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 work within your level of competence, responsibility and accountability and respond in a timely manner to meet individuals needs
- P2 refer to colleagues for advice, guidance and information when you are unable to resolve the individual's or relevant other's request
- P3 respect the individual's rights and wishes relating to their privacy, beliefs, and dignity
- P4 communicate effectively in the appropriate medium to meet the individual's needs and preferences
- P5 explain the expected and likely effects of the individuals condition and/or treatment plans on their lifestyle, range of activities and limitations
- P6 explore and discuss the expectations of the treatment plan and provide opportunities to clarify any clinical information
- P7 advise on and encourage lifestyle changes that could improve their condition or reduce or minimise any symptoms
- P8 confirm that the individual understands their condition and/or proposed treatment plan
- P9 provide sufficient time for the individual to reflect on what has been said and if necessary repeat it
- P10 encourage the individual to manage their situation and to recognise and report problems in a timely manner
- P11 answer any questions raised by the individual, and refer any questions that cannot be answered to the appropriate sources of information
- P12 maintain full, accurate and legible records of information in line with current legislation, guidelines, local policies and protocols

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Knowledge and understanding

You need to know and understand:

- K1 work within your own level of competence, authority and knowledge in relation to providing advice, guidance and information within your specialist area
- K2 when to refer to colleagues for advice, guidance and information and where to seek expert advice and assistance
- K3 the type and significance of treatment plans in relation to the individuals condition and in line with current guidance in your field of practice
- K4 how the availability of resources to undertake procedures to manage a condition or provide a treatment plan can impact upon the suitability of options for the individual
- K5 the relevance of clinical, social and life style behaviours and attitudes and how they can affect the condition or treatment plan
- K6 regulatory and safety implications of the range of therapeutic and treatment procedures under discussion
- K7 the range of support available to the individual and how they can access this
- K8 implications and suitability of delays to clinical treatment
- K9 actions that can be taken by individuals to reduce or minimise risks to health or to obtain emergency support if needed
- K10 requirements and steps involved in management of conditions and treatment processes and the implications for the individual and relevant others
- K11 how to communicate effectively in the appropriate medium to meet the individual's needs and preferences
- K12 how to confirm an individual's understanding of their condition and treatment plan
- K13 the current national legislation, guidelines, and local policies and protocols which affect your work practice
- K14 the policies and guidance that clarify your scope of practice, accountabilities and the working relationship between yourself and others

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB4

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Suite Clinical Health Skills

Key words self care, self test, home oxygen, oxygen therapy, nasal cannulae, assistive device
