

SFHCHS62

Provide interventions to individuals with long term conditions



Overview

This standard is about the practitioner providing interventions to individuals with long term conditions. The interventions cover any activity which contributes to the management of the individual's condition. The practitioner will need to review all relevant information about the individual's condition, and then apply their skills and knowledge in their own discipline to provide a suitable intervention. They will need to take account of other interventions which may be undertaken at the same time.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 apply standard precautions for infection control any other relevant health and safety measures
- P2 provide appropriate support and information to the individual, and the carers they specify, to enable them to make informed choices throughout the interventions
- P3 review all relevant information about the individual's condition and symptoms
- P4 coordinate the provision of interventions with other practitioners and agencies, and be certain that appropriate follow-up procedures are undertaken
- P5 be clear the interventions that are being provided are not in conflict with other interventions
- P6 provide interventions that are an effective aid in achieving the goals of the individual
- P7 discuss the interventions with the individual, and provide sufficient information to assist them to manage their condition
- P8 monitor the effects of the interventions on the individual's symptoms and overall condition, and modify them accordingly
- P9 identify the achievement of the individual's goals, and propose changes where these are beneficial to the individual
- P10 identify any indications of new symptoms or changes in condition that might require further interventions
- P11 keep accurate, legible, and complete records, and comply with all the relevant legal, professional, and organisational requirements and guidelines
- P12 respect the individual's rights and wishes relating to their privacy, beliefs, and dignity, and obtain informed consent whenever appropriate

Knowledge and understanding

You need to know and understand:

- K1 the symptoms of specific long term conditions and how they can be recognised
- K2 how symptoms interact with each other
- K3 how symptoms can mask or be indications of other non-long term conditions and co-morbidities
- K4 the impact of symptoms on behaviour and lifestyle, and how it can be minimised
- K5 the aetiology, course and progression of specific long term conditions
- K6 the possible causes of specific long term conditions, including genetic or environmental factors
- K7 the anatomy and physiology relevant to specific neurological conditions
- K8 the symptoms, complications, and outcomes of specific neurological conditions
- K9 the short, medium, and long term effects of specific neurological conditions on individuals and their carers
- K10 the interventions for specific long term conditions
- K11 established and new interventions, that are available to assist the management of long term conditions relevant to your discipline
- K12 the suitability of interventions for different groups of individuals, and indications and evidence of their effectiveness
- K13 the risks and side effects of specific interventions
- K14 the changes that occur during long term conditions relevant to your discipline
- K15 the roles and responsibilities of individuals for managing their own long term conditions
- K16 when to review the intervention
- K17 the difficulties with communication that can arise as a result of specific long term conditions, and how this changes according to fluctuations of symptoms
- K18 the role of carers and others in facilitating communication
- K19 relevant legislation and the parts relating to the care of individuals, including the role of practitioners and clinical practice, human rights, data protection, and health and safety
- K20 the principles of informed consent, including implied consent and expressed consent, and how these are applied in practice to protect individuals
- K21 organisational management structures and hierarchies
- K22 procedures and protocols for contacting individuals, practitioners, carers, and agencies
- K23 record keeping systems and policies in the organisation
- K24 your own role and roles of other practitioners and agencies in providing a

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service to individuals

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

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