

SFHCHS72

Help individuals to use oxygen safely and effectively



Overview

This standard is about helping individuals to use oxygen safely and effectively. It also includes adhering to Health and Safety and the Control of Substances Hazardous to Health legislation.

This standard can be used in a variety of care settings including hospitals, nursing and residential homes, hospices, and community settings including the individual's own home and primary health care centres.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 establish the need for oxygen therapy ensuring that the individual has a diagnosis for indication of oxygen therapy
- P2 check that the baseline assessment for oxygen therapy has been completed
- P3 check that the individual is aware of the health and safety and COSHH measures relevant to the administration of oxygen and the potential dangers e.g. smoking, changing flow rates, transportation of cylinders (including air travel)
- P4 confirm that the individual is aware of the potential adverse effects of oxygen therapy and how they can be prevented and/or minimised
- P5 check the oxygen equipment has been labelled with safety guidance by the manufacturer as per the statutory regulations
- P6 explain the procedure to the individual and demonstrate administering oxygen through a face mask, mouthpiece or nasal cannulae
- P7 assist the individual to find a comfortable position for the delivery of oxygen within the constraints of the treatment/environment
- P8 provide the individual and/or carer with written instructions for the effective use and supply of oxygen at home and when travelling
- P9 confirm that the individual and/or carer has been provided with the education programme from an education provider
- P10 check that the individual understands the information provided by the education provider
- P11 check that the individual and/or carer knows how to use oxygen equipment safely at home
- P12 ensure that the individual and/or carer can assess whether the equipment is working correctly in accordance with the manufacturer's instructions at home and who to contact in the event of faults
- P13 ensure that the individual is aware of the need for regular reviews and follow up
- P14 ensure that the individual has details of who to contact should they be concerned about their condition
- P15 record the advice given to the individual in the patient held records, as appropriate, according to local guidelines
- P16 ensure that the individual understand who to notify regarding the collection of equipment if no longer required

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Knowledge and understanding

You need to know and understand:

- K1 your responsibilities and accountability under the current, national and local legislation, policies, protocols and guidelines with respect to the administration of oxygen
- K2 the importance of working within your own sphere of competence and seeking advice when faced with situations outside your sphere of competence
- K3 the hazards and complications which may arise during the administration of oxygen and how you can minimise such risks
- K4 the range of information which should be made available to the individual
- K5 the national guidelines for risk management and adverse incidents
- K6 the effect of oxygen on individuals
- K7 potential adverse effects of oxygen therapy and how they can be prevented and/or minimised
- K8 when it is safe or not safe to administer oxygen
- K9 the importance of the manufacturers labelling oxygen equipment with safety guidance
- K10 how to obtain written guidance on the effective use of oxygen
- K11 long term oxygen therapy (LTOT), Palliative Oxygen Therapy and Short Burst Oxygen Therapy (SBOT) and their implications
- K12 the Home Oxygen Order Form (HOOF) and the Home Oxygen Consent Form(HOCF)
- K13 the risks and complications of using oxygen
- K14 the methods to assess and monitor the individual during the administration of oxygen
- K15 the factors which may compromise the comfort and dignity of individuals during the use of oxygen and how the effects can be minimised
- K16 accepted best practice in the use oxygen
- K17 the contraindications to administering oxygen
- K18 the equipment and accessories to be used
- K19 the procedure for reporting faulty equipment.
- K20 legislation and legal processes relating to valid consent
- K21 methods of obtaining valid consent and how to confirm that sufficient information has been provided on which to base this judgement
- K22 the actions to take if valid consent cannot be obtained
- K23 how to adapt communication styles in ways which are appropriate to different people
- K24 how to confirm that individuals and/or carers have understood the instructions and guidance provided
- K25 how to establish an understanding of an individual's values, beliefs and interests
- K26 how to ask questions, listen carefully and summarise for the individual

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- K27 methods of communicating information to individuals
- K28 the importance of providing individuals with opportunities to ask questions and increase their understanding
- K29 the importance of respecting individuals' privacy, dignity, wishes and beliefs and how this can be achieved
- K30 the importance of minimising any unnecessary discomfort, and how this can be achieved

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB4 Enablement to address health and wellbeing needs

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Developed by	Skills for Health
Version number	1
Date approved	June 2010
Indicative review date	June 2012
Validity	Current
Status	Original
Originating organisation	Skills for Health
Original URN	CHS72
Relevant occupations	Health, Public Services and Care; Medicine and Dentistry; Nursing and Subjects and Vocations Allied; Health Professionals; Healthcare and Related Personal Services
Suite	Clinical Health Skills
Key words	oxygen, ambulatory, long term oxygen therapy (LTOT), enabling, self care, palliative, concentrator, cylinder, conserver device, home oxygen order form(HOOF), home oxygen consent form (HOCF), short burst oxygen therapy (SBOT), face mask, nasal cannulae