## Explain to the family the patient's brain stem death



#### **Overview**

In the case of potential heart beating donation, before any request is made for organ donation, it is essential that the patient's family understand that the patient has died. This standard involves being secure in an understanding of brain stem death, sensitivity to the responses and likely feelings of the family and a skill in conveying that the patient, warm, and apparently breathing, is dead.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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## Performance criteria

#### You must be able to:

- P1 establish with colleagues that the patient is brain stem dead from preconditions having been satisfied, reversible causes of coma excluded and from clinical tests for brain stem death
- P2 hold the conversation with the family before, and separate from, discussion of donation
- P3 allow the family to choose whether to have the conversation at the bedside or somewhere else privately
- P4 show respect for patients and their families
- P5 allow the family to express their understanding of what is happening first and build on their knowledge
- P6 explain the procedures and definitions involved in the determination of brain stem death and certification of death
- P7 answer the family's questions factually
- P8 enquire about and respect cultural, religious and other influences and expectations
- P9 distinguish between death and the removal of support for respiration
- P10 use unambiguous phrases that do not imply some sort of continuing life
- P11 use the word 'dead'
- P12 talk about the patient in the past tense and not to the patient or as if they were still alive
- P13 be sensitive to the family's failure to absorb information in this crisis and be prepared to repeat and re-explain uncritically
- P14 respond to the suggestion of donation if it is volunteered by arranging a discussion, immediately if the family wishes it
- P15 detect any references to the patient that might indicate how they would have felt about donation
- P16 recognise where the family are in the grieving process and how this may influence the way they should subsequently be approached regarding donation

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# Knowledge and understanding

You need to	know and
understand:	

- K1 anatomy and physiology of the human body
- K2 psychological care skills/loss counselling
- K3 issues of maintenance of patient confidentiality in the critical care and donation contexts
- K4 evidence of beliefs about donation and transplantation among informed and uninformed religious and cultural groups
- K5 anatomy and physiology of brain stem death
- K6 guidelines for performing brain stem death tests
- K7 recommendations of the ICS Working Group on Organ Donation regarding observation for apnoea
- K8 preconditions to testing for brain stem death
- K9 reversible causes of coma
- K10 clinical tests for brain stem death
- K11 legal definitions of death
- K12 procedures for certification of death
- K13 clinical management of an intensive care patient
- K14 clinical management of a potential heart beating donor
- K15 how to break bad news
- K16 how to explain brain stem death
- K17 psychology of altruistic action
- K18 beliefs about death and dying
- K19 roles of other members of the multidisciplinary team
- K20 how to adapt communication styles in ways which are appropriate to different people
- K21 the importance of establishing rapport and how to do so
- K22 how to ask questions, listen carefully and summarise back
- K23 the importance of encouraging individuals to ask questions and how to do so
- K24 religious beliefs of different cultures
- K25 effects of different cultures and religions on care management and effects on family dynamics
- K26 the importance of involving individuals in discussions, and how to do so
- K27 how to negotiate effectively with individuals, families and other professionals
- K28 principles of evidence-based practice, and how to apply them
- K29 how to explain difficult subjects in an emotional context

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#### **Additional Information**

**External Links** 

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: Core 1 Communication

## Explain to the family the patient's brain stem death

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