

SFHCMA7

Prescribe medication for individuals with a long term condition



Overview

This standard is about prescribing medication to reduce the impact of a long term condition on individuals' health and wellbeing. It covers relating the prescription to the individual's condition and treatment plan and, where appropriate, making arrangements for repeat prescriptions. This standard is relevant to those who may be responsible for prescribing medication. In order to prescribe, you are legally bound to have successfully completed the Extended Formulary/Supplementary Prescribing course.

This standard is relevant to those who provide proactive and co-ordinated Case Management. Here, Case Management means identifying and risk stratifying vulnerable, high-risk people with complex multiple long term conditions. Case Management should take place within the philosophy of enabling and promoting self care, self management and independence.

Users of this standard will need to ensure that practice reflects up to date information and policies

SFHCMA7

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Performance criteria

You must be able to:

- P1 relate the prescription (e.g. medicines, oxygen) to the individual's treatment plan and condition (e.g. long term conditions diagnosis, co-morbidity, other medication taken by the individual)
- P2 balance potential side effects and benefits to the individual
- P3 specify the required quantity and/or titration
- P4 state the dose and frequency of administration
- P5 indicate the route for administration when the administration route is other than oral
- P6 define the end point of the prescription
- P7 ensure, as far as practicable, that the prescription is cost-effective
- P8 record the prescription clearly and accurately on appropriate documentation
- P9 review your prescribing practice in view of new guidelines and/or evidence.
- P10 keep a written record of requests from individuals or their carers for a repeat prescription
- P11 agree the period for which repeat prescriptions will be issued
- P12 remind the individual or their carer of the need for a new prescription at the time of final repeat prescription
- P13 ensure that unnecessary supplies are not made
- P14 record details of the repeat prescription clearly and accurately on appropriate documentation
- P15 confirm consent for repeat prescriptions with dispensing pharmacists when

SFHCMA7

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Knowledge and understanding

You need to know and understand:

- K1 national legislation and local protocols for the prescription of drugs
- K2 types, properties, function, effect and contra-indications of drug groups
- K3 methods of drug administration
- K4 how to relate the prescription to the individual's condition and treatment plan
- K5 how to balance potential side effects and benefits to the individual
- K6 causes and manifestations of individuals' adverse reactions and appropriate responses
- K7 how to ensure that, as far as practicable, the prescription is cost-effective
- K8 how to record prescriptions clearly and accurately on appropriate documentation
- K9 how to review your prescribing practice in view of new guidelines and/or evidence
- K10 why you must remind the individual or their carer of the need for a new prescription after the final repeat prescription
- K11 how to ensure that unnecessary supplies are not made
- K12 why you must confirm consent for repeat prescriptions with dispensing pharmacists when requested
- K13 drugs commonly used in the treatment of long term conditions and their potential side effects
- K14 research evidence, national and local guidelines and policies for prescribing drugs for individuals at significant risk of long term conditions
- K15 the effects of long term condition medications on other health conditions
- K16 the range of medications and their effects and side effects
- K17 criteria for prescribing suitable medications (e.g. NICE guidelines)

SFHCMA7

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and Treatments

SFHCMA7

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Developed by	Skills for Health
Version number	1
Date approved	June 2010
Indicative review date	June 2012
Validity	Current
Status	Original
Originating organisation	Skills for Health
Original URN	CM A7
Relevant occupations	Health, Public Services and Care; Nursing and Subjects and Vocations Allie; Health Professionals; Healthcare and Related Personal Services
Suite	Long Term Conditions - Case Management
Key words	case management, community matrons, long term conditions