
Overview

This standard focuses on the practitioners' ability to insert solid needles into specific, well defined areas of the body which reflect the whole of the body, both structurally and functionally in a topographic manner in order to reflexively regulate corresponding body structures and systems, for disease prevention, therapy or maintenance of health.

Users of this standard will need to ensure that practice reflects up to date information and policies.

SFHCNH24

Provide Microsystems Acupuncture to clients

Performance criteria

You must be able to:

- P1 consult with the client and plan the Microsystems Acupuncture
- P2 ensure that the interventions used are within your scope of practice
- P3 obtain written informed consent to Microsystems Acupuncture
- P4 check that the environment meets the clients needs
- P5 ensure that any equipment and materials are ready for use and meet
professional codes of practice, health and safety, legal and
organisational requirements
- P6 prepare yourself appropriately to provide Microsystems Acupuncture
- P7 position the client for effective Microsystems Acupuncture and to
give as much comfort as possible
- P8 carry out the Microsystems Acupuncture safely and correctly
- P9 make appropriate adjustments to the Microsystems Acupuncture to
meet any changing needs
- P10 deal effectively with the client's response to the Microsystems
Acupuncture
- P11 check the client's well-being throughout and give reassurance
where needed
- P12 work with other professional, support staff, clients and users,
relatives and carers
- P13 provide clear and accurate advice with regard to any relevant
aftercare
- P14 evaluate the outcomes and effectiveness of the Microsystems
Acupuncture to inform future plans and actions
- P15 complete and maintain records in accordance with professional and
legal requirements

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Knowledge and understanding

You need to know and understand:

- K1 the history, principles and development of Microsystems Acupuncture
- K2 the rules, ethical standards and codes of conduct of Microsystems Acupuncture
- K3 the importance of, and need to develop, a sensitive and intuitive approach to clients and their needs
- K4 the importance of building a relationship of trust and support
- K5 the importance of treating every client as an individual
- K6 the importance of encouraging the client to be actively involved in their treatment
- K7 the different assessment methods which may be applicable for assessing the client's needs and evidence of their efficacy
- K8 the importance of obtaining written informed consent before touching the client
- K9 the importance of recognising and maintaining the client's legal and ethical rights to confidentiality
- K10 how to analyse an individual using the appropriate Microsystems Acupuncture techniques and a case history (which includes medical conditions and other factors conveyed by the client together with the acute/chronic nature of each issue and the client's priority for improvement)
- K11 the treatment options available to a Microsystems Acupuncture practitioner and how they should be implemented
- K12 how to locate and recognise areas of functional imbalance and/or resistance, and facilitate the client's innate self-healing ability
- K13 how to facilitate the integration of therapeutic changes which may have occurred during treatment
- K14 how to identify and work with the following responses to the treatment:
 - K14.1 physical
 - K14.2 emotional
 - K14.3 psychological
 - K14.4 no response
- K15 how to respond to the physiological presentation of shock, emotional and/or physical trauma during the treatment
- K16 how to recognise the completion of an individual's therapeutic process and leave them grounded and balanced

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- K17 the potential outcomes of Microsystems Acupuncture:
 - K17.1 resolution of the problem
 - K17.2 increase in well-being
 - P17.3 supporting the client in their process
 - P17.4 healing reactions
 - P17.5 abreactions
 - P17.6 no change
- K18 how to evaluate the outcomes and effectiveness of Microsystems Acupuncture
- K19 how to recognise those occasions when Microsystems Acupuncture may be appropriate and/or may complement other healthcare which the client is receiving
- K20 how to recognise conditions for which Microsystems Acupuncture alone would be ill advised and for which the client should seek advice from other sources
- K21 the circumstances when you may choose not to accept a client or to cease treating a client:
 - K21.1 Microsystems Acupuncture is unlikely to succeed
 - P21.2 the client does not want Microsystems Acupuncture
 - P21.3 you do not wish to provide Microsystems Acupuncture
- K22 how Microsystems Acupuncture is contra-indicated
- K23 the range, purpose and limitations of different methods, which may be used for different clients with different needs
- K24 how to determine the most appropriate method(s) for different clients and their particular needs
- K25 how to tailor treatment appropriately for each individual
- K26 how to assess the appropriateness of self-care strategies for the client
- K27 relevant anatomy for safe needling practice
- K28 relevant microbiology for safe clinical practice
- K29 relevant physiology, pathology and pharmacology
- K30 the limits of your competence, training and expertise, and when to refer the client on to other practitioners
- K31 the procedures for record keeping in accordance with legal and professional requirements

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Additional Information

This National Occupational Standard was developed by Skills for Health.

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

RELATED FUNCTIONS

Principles of Good Practice

CNH1 Explore and establish the client's needs for complementary and natural healthcare

CNH2 Develop and agree plans for complementary and natural healthcare with client

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