

Review and evaluate the effectiveness of care plans in meeting the health and well-being needs of children and young people

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## Overview

This standard is about working with children and young people and those involved in their care to review and evaluate the effectiveness of care plans and agree any necessary changes to meet the child's or young person's health and well-being needs. It involves identifying changes to improve delivery processes and outcomes. Users of this standard will need to ensure that practice reflects up to date information and policies.

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## Performance criteria

You must be able to:

1. communicate with the child or young person and those involved in their care in a way that is appropriate to their age, understanding, developmental capacity and preferences
2. identify and respect the child's or young person's privacy, confidentiality, rights and wishes
3. provide support to the child or young person to enable them to take an active part in decisions affecting them
4. obtain and review all of the information from the care plan activities
5. identify any gaps or ambiguities in the information and seek clarification or further information from the relevant practitioners
6. discuss and review the effectiveness of the care plan with the child or young person and those involved in their care and reach agreement on any changes that need to be made to the care plan
7. encourage and support the child or young person and those involved in their care to consider the implications of any changes to the care plan including any benefits and risks
8. explore and agree the actions to be taken with the child or young person and those involved in their care and obtain the necessary agreement and consent
9. make any necessary arrangements to implement the agreed actions to meet the needs of the child or young person
10. agree the date and process for the next review of the care plan with the child or young person, and those involved in their care
11. produce records and reports that are clear, comprehensive, and accurate, and maintain the security and confidentiality of information

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## Knowledge and understanding

You need to know and understand:

1. legal, organisational and policy requirements relevant to your role and the activities being carried out
2. the nature, extent and boundaries of your work role and its relationship to others in your own and other organisations
3. the roles of other practitioners working with children, young people and families and how they relate between and across agencies
4. the importance of effective multi-agency working
5. the ethical issues, legal requirements and good practice guidelines on consent, including capacity issues and consent for children and young people
6. the principle of confidentiality and the implications for your practice
7. how to recognise and respond to the signs of injury, abuse or neglect and your responsibility in relation to raising concerns with the appropriate person or agency
8. local systems, procedures and protocols for safeguarding children, young people and vulnerable adults
9. the principles of equality, diversity and anti-discriminatory practice and how they are applied
10. the duty to report any acts or omissions in care that could be detrimental to the child or young person
11. the rights of children and young people to make decisions for themselves and to take risks in the context of their own lives, taking into account issues of capacity and your professional responsibility
12. how to engage with and communicate effectively with children and young people, and those involved in their care
13. the need for communication to be modified for different contexts and cultures, including the age, vulnerability, understanding, developmental capacity and communication needs and preferences of the child or young person and those involved in their care
14. the ways in which children and young people communicate non-verbally and through behaviour, as well as through language, and how different forms of behaviour can be interpreted
15. the importance of adopting a child/young person centred approach
16. the conditions and issues affecting children and young people in your area of practice and how they can inter-relate
17. child and young people's development, including emotional, physical, and social how they affect one another
18. how the behaviour needs of children and young people may affect others

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19. the effect of parenting capacity, family, environment and cultural influences on the health and wellbeing of children and young people
20. the factors that contribute to the risk of harm to children and young people
21. the guidance that is available for your own practice and where to access this
22. current issues, research and evidence based practice relevant to your role
23. local sources of health and well-being information, advice and support for children and young people, and those involved in their care
24. the way in which partner services operate – their procedures, information sharing protocols, objectives, roles and relationships, and the implications of these for working alongside them
25. the range of expertise within the team and the purpose and use of the different interventions each member provides
26. the purpose of regularly reviewing the operation and effectiveness of the team
27. methods of encouraging the child or young person and those involved in their care to take a full and active part in agreeing changes to care plans and to offer their views as equal partners in the process
28. the importance of respecting the contribution of others working with children, young people and families
29. how to monitor implementation of care plans, including risks and key outcomes
30. the differences between evaluating multi-disciplinary outcomes as compared with single-disciplinary outcomes and the challenges in understanding the work of others in the team from different professional backgrounds
31. the different ways in which the care plan can be altered to meet the needs of the child or young person and the ways in which their needs may have changed
32. methods of evaluating the effectiveness of the plan as a whole and the different parts within it, including the various outcomes
33. the information which is necessary for evaluating the effectiveness of the care plan
34. the risks which may be inherent in various courses of action and how to evaluate these realistically
35. the resources available to meet the changing needs of the child or young person within your own and other organisations, and how to access these
36. the referral processes within your area of work
37. the difficulties that might arise in delivering the care plan, including insufficient responses from other organisations and agencies, and what

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- action to take in response to these
- 38. the importance of keeping full and accurate records, and how to do so in line with organisational requirements

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### External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB2 Assessment and care planning to meet health and wellbeing needs

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