

SFHDiabCYP03

Inform a child or young person and their family of a diagnosis of Type 1 diabetes



Overview

This standard covers informing a child or young person and their family that tests show the child/young person has Type 1 diabetes. The activities described in this competence will be followed by the provision of care for the child/young person, described in Diab CYP04.

Users of this standard will need to ensure that practice reflects up to date information and policies.

SFHDiabCYP03

Inform a child or young person and their family of a diagnosis of Type 1 diabetes

Performance criteria

You must be able to:

- P1 communicate with the child or young person and those involved in their care in a way that is appropriate to their age, understanding and preference
- P2 explain the diagnosis accurately, based on the information available to you, including any areas of uncertainty which may require further tests
- P3 ask the child/young person and their family for their immediate reactions to what you have said and give them time to ask questions and to discuss their concerns
- P4 confirm the child/young person's, and their family's, understanding of the information you have given them, and correct any misunderstandings in a manner which shows sensitivity to their feelings
- P5 discuss the immediate priorities for managing the child/young person's condition, and the nature of the actions that the child/young person, their family and the health care team need to undertake
- P6 agree the next steps that the child/young person and their family and the care team will take
- P7 provide appropriate written information about diabetes for the child/young person and their family
- P8 identify the named contact and tell other members of the wider care team who are likely to be working with the child/young person and their family in the immediate future about the information you have given, to ensure consistency
- P9 maintain records and communicate with other members of the paediatric diabetes team to ensure there is a coordinated approach to supporting the child/young person and family

SFHDiabCYP03

Inform a child or young person and their family of a diagnosis of Type 1 diabetes

Knowledge and understanding

You need to know and understand:

- K1 national guidelines on diabetes management, education and service delivery, and on providing healthcare for children and young people
- K2 theories of causes of diabetes
- K3 signs and symptoms of diabetes, including WHO criteria for diagnosis
- K4 normal and abnormal blood glucose, HbA1c and ketones values
- K5 how to monitor glucose levels, HbA1c, ketones and blood pressure
- K6 the importance and effects of education and self management for children, young people and their families
- K7 the development stages of children and young people, and the implications of this for communicating with them
- K8 the psychological impact of diabetes, on children, young people and their families, at diagnosis and in the long-term
- K9 how to gather information from children, young people and their families about their health
- K10 how to work in partnership with children, young people and their families
- K11 the social, cultural and economic background of the patient group
- K12 the impact of nutrition, particularly carbohydrates, on diabetes in children and young people
- K13 the impact of physical activity on diabetes in children and young people
- K14 the effects of smoking, alcohol and illicit drugs
- K15 the effects of, and how to manage, inter current illness in children and young people
- K16 how to avoid and how to manage hypoglycaemia and hyperglycaemia
- K17 the use of insulin to manage diabetes
- K18 the medications used to manage diabetes
- K19 the long-term complications of diabetes and when they are likely to occur
- K20 relevant professional guidelines, standards and codes of professional conduct
- K21 the law and good practice guidelines on consent
- K22 your role in the healthcare team and the role of others
- K23 legal frameworks concerning prescribing
- K24 local guidelines on diabetes healthcare
- K25 local child protection procedures
- K26 local referral pathways
- K27 local systems for recording patient information
- K28 audit and quality assurance systems
- K29 the process of notification for legal and insurance purposes
- K30 sources of practitioner and patient information on diabetes
- K31 contact details of local and national support groups
- K32 how individuals can access facilities for exercise and physical activity, education and community activities

SFHDiabCYP03

Inform a child or young person and their family of a diagnosis of Type 1 diabetes

SFHDiabCYP03

Inform a child or young person and their family of a diagnosis of Type 1 diabetes

Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: Core 1: Communication

SFHDiabCYP03

Inform a child or young person and their family of a diagnosis of Type 1 diabetes

Developed by Skills for Health

Version number 1

Date approved June 2010

Indicative review date June 2012

Validity Current

Status Original

Originating organisation Skills for Health

Original URN DIAB CYP03

Relevant occupations Health, Public Services and Care; Nursing and Subjects and Vocations Allie; Health Professionals; Healthcare and Related Personal Services

Suite Diabetes

Key words diabetes
