

SFHDiabCYP04

Inform a child/young person and their family of a diagnosis of Type 2 diabetes or impaired glucose tolerance



Overview

This standard covers informing a child/young person and their family that tests have shown they have Type 2 diabetes or impaired glucose tolerance, and providing early information and support.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 arrange to discuss the results of the tests face to face with the child/young person and any members of their family who wish to come to the meeting
- P2 communicate with the child or young person and those who accompany them in a way that is appropriate to their age, understanding and preference
- P3 explain to the child/young person and their family that you have the results of the tests and ask them what their thoughts are
- P4 explain the diagnosis accurately, based on the information available to you, including any areas of uncertainty which may require further tests
- P5 ask the child/young person and their family for their immediate reactions to what you have said and give them time to ask questions and to discuss their concerns
- P6 confirm the child/young person's, and their family's, understanding of the information you have given them, and correct any misunderstandings in a manner which shows sensitivity to their feelings
- P7 discuss the immediate priorities for managing the child/young person's condition, and the nature of the actions that the child/young person, their family and the health care team need to undertake
- P8 acknowledge that the child/young person and their family may wish to revisit and discuss some issues at greater length at a later date, and provide a contact number for any questions they may wish to ask
- P9 agree the next steps that the child/young person, their family and the care team will take
- P10 provide appropriate written information about diabetes for the child/young person and their family
- P11 identify the named contact and tell other members of the wider care team who are likely to be working with the child/young person and their family in the immediate future about the information you have given to ensure consistency
- P12 maintain records and communicate with other members of the paediatric diabetes team to ensure there is a coordinated approach to supporting the child/young person and family

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Knowledge and understanding

You need to know and understand:

- K1 national guidelines on diabetes management, education and service delivery, and on providing healthcare for children and young people
- K2 theories of the causes of diabetes
- K3 signs and symptoms of diabetes, including WHO criteria for diagnosis
- K4 normal and abnormal blood glucose and HbA1c values
- K5 how to monitor glucose levels, HbA1c, blood pressure
- K6 the importance and effects of education and self management for children, young people and their families
- K7 the development stages of children and young people, and the implications of this for communicating with them
- K8 the psychological impact of diabetes, on children, young people and their families, at diagnosis and in the long-term
- K9 how to gather information from children, young people and their families about their health
- K10 how to work in partnership with children, young people and their families
- K11 the social, cultural and economic background of the patient group
- K12 the impact of nutrition, particularly carbohydrates, on diabetes in children and young people
- K13 the impact of physical activity on diabetes in children and young people
- K14 the effects of smoking, alcohol and illicit drugs
- K15 the effects of, and how to manage, inter current illness
- K16 the medications used to manage diabetes
- K17 the long term complications of diabetes and when they are likely to occur
- K18 relevant professional guidelines, standards and codes of professional conduct
- K19 the law and good practice guidelines on consent
- K20 your role in the healthcare team and the role of others
- K21 local guidelines on diabetes healthcare
- K22 local child protection procedures
- K23 local referral pathways
- K24 local systems for recording patient information
- K25 audit and quality assurance systems
- K26 the process of notification for legal and insurance purposes
- K27 sources of practitioner and patient information on diabetes
- K28 contact details of local and national support groups
- K29 how children/young people can access local facilities for exercise and physical activity, education and community activities

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: Core 1 Communication

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