

SFHDiabCYP11

Agree individualised care plans with children and young people to manage diabetes



Overview

This standard covers working with children and young people with Type 1 or Type 2 diabetes and those involved in their care to develop individualised care plans. This concerns the ongoing care planning following the first year after diagnosis.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 communicate with the child or young person and those involved in their care in a way that is appropriate to their age, understanding and preference
- P2 enable the child or young person and those involved in their care to take an active part in decisions affecting them
- P3 involve the child or young person in a manner and at a level appropriate to their wishes, age and development stage, communication skills, and needs
- P4 comply with all the relevant legal, professional, and organisational requirements and guidelines
- P5 identify and respect the child's or young person's privacy and confidentiality wishes
- P6 clarify and confirm the information which may be made available to others with the child or young person and their parents
- P7 identify and use all sources of information about the child's or young person's needs to inform care planning
- P8 in discussion with the child or young person and those involved in their care jointly identify priorities for the immediate future, taking into account:
 - P8.1 any changes in circumstances or health since the previous assessment
 - P8.2 the beliefs and values of the child/young person and those involved in their care
- P9 negotiate and agree a care plan with the child or young person and those involved in their care which takes account of all relevant factors
- P10 identify any areas of disagreement and attempt to resolve them with the child or young person, and those involved in their care, in a way that respects different perspectives
- P11 agree how and when the care plan will be evaluated and reviewed with the child or young person and those involved in their care
- P12 work in partnership with the child or young person and those involved in their care to agree roles and responsibilities for meeting the child or young person's needs
- P13 obtain the informed consent of the child or young person or the parents for the actions undertaken on their behalf
- P14 produce records and reports that are clear, comprehensive, and accurate, and maintain the security and confidentiality of information
- P15 pass full and accurate information to those who have overall responsibility for maintaining the quality of service when organisational constraints unduly affect the service to be offered

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Knowledge and understanding

You need to know and understand:

- K1 national guidelines on diabetes management, education and service delivery, and on providing healthcare for children and young people
- K2 theories of the causes of diabetes
- K3 signs and symptoms of diabetes, including WHO criteria for diagnosis
- K4 normal and abnormal blood glucose and HbA1c values
- K5 how to monitor glucose levels, HbA1c, ketones and blood pressure
- K6 the importance and effects of education and self management for children, young people and their families
- K7 the development stages of children and young people, and the implications of this for communicating with them
- K8 the psychological impact of diabetes, on children, young people and their families, at diagnosis and in the long-term
- K9 how to gather information from children, young people and their families about their health
- K10 how to work in partnership with children, young people and their families
- K11 the social, cultural and economic background of the patient group
- K12 the impact of nutrition, particularly carbohydrates, on diabetes in children and young people An in-depth understanding of the impact of physical activity on diabetes in children and young people
- K13 the effects of smoking, alcohol and illicit drugs
- K14 the effects of, and how to manage, inter current illness in children and young people
- K15 how to avoid and how to manage hypoglycaemia and hyperglycaemia
- K16 the use of insulin to manage diabetes
- K17 the other medications used to manage diabetes
- K18 the long-term complications of diabetes and when they are likely to occur
- K19 relevant professional guidelines, standards and codes of professional conduct
- K20 the law and good practice guidelines on consent
- K21 your own role in the healthcare team and the role of others
- K22 legal frameworks concerning prescribing
- K23 local guidelines on diabetes healthcare
- K24 local child protection procedures
- K25 local referral pathways
- K26 local systems for recording patient information
- K27 audit and quality assurance systems
- K28 the process of notification for legal and insurance purposes
- K29 sources of practitioner and patient information on diabetes relevant to children/young people
- K30 contact details of local and national support groups
- K31 how children and young people can access local facilities for exercise

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and physical activity, education and community activities

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

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