

## SFHDiabCYP12

# Implement and monitor individualised care plans to meet the needs of children and young people with diabetes



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### Overview

This standard covers implementing, in partnership with the child or young person with diabetes, and those involved in their care, an individualised care plan. In carrying out the activities described in this standard, you should also be aware of the continuous need to protect children and young people from harm and abuse, and to create environments that protect them from harm and abuse.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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#### Performance criteria

*You must be able to:*

- P1 implement the agreed care plan in partnership with the child or young person and those involved in their care
- P2 communicate with the child or young person and those involved in their care in a way that is appropriate to their age, understanding and preference
- P3 actively encourage the child or young person to participate appropriately in their care plan and promote their own health and well-being
- P4 provide information and advice that is relevant to the child or young person and those involved in their care at appropriate times to support their understanding of the child/young person's diabetes, and how they can manage it
- P5 monitor implementation of the care plan at agreed intervals, or sooner if required, in partnership with the child or young person and those involved in their care
- P6 jointly identify and acknowledge where the child or young person and their family have been successful in managing their diabetes, and provide positive support and reinforcement when they have not been able to reach their goals
- P7 enable the child or young person and those involved in their care to offer their opinions on their experience of the care plan, and to provide suggestions for improving its effectiveness
- P8 identify any significant changes which may affect the care plan and discuss the implications with the child or young person and those involved in their care
- P9 refer the child or young person, with their informed consent, for further examinations by another member of the care team if you find new concerns about their condition which are beyond the scope of the care plan
- P10 produce records and reports that are clear, comprehensive, and accurate, and maintain the security and confidentiality of information

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#### Knowledge and understanding

*You need to know and understand:*

- K1 national guidelines on diabetes management, education and service delivery, and on providing healthcare for children and young people
- K2 theories of the causes of diabetes
- K3 signs and symptoms of diabetes, including WHO criteria for diagnosis
- K4 normal and abnormal blood glucose and HbA1c values
- K5 how to monitor glucose levels, HbA1c, ketones and blood pressure
- K6 the importance and effects of education and self management for children, young people and their families
- K7 the development stages of children and young people, and the implications of this for communicating with them
- K8 the psychological impact of diabetes, on children, young people and their families, at diagnosis and in the long-term
- K9 how to gather information from children, young people and their families about their health
- K10 how to work in partnership with children, young people and their families
- K11 the social, cultural and economic background of the patient group
- K12 the impact of nutrition, particularly carbohydrates, on diabetes in children and young people
- K13 the impact of physical activity on diabetes in children and young people
- K14 the effects of smoking, alcohol and illicit drugs
- K15 the effects of, and how to manage, inter current illness in children and young people
- K16 how to avoid and how to manage hypoglycaemia and hyperglycaemia
- K17 the use of insulin to manage diabetes
- K18 the other medications used to manage diabetes
- K19 the long-term complications of diabetes and when they are likely to occur
- K20 relevant professional guidelines, standards and codes of professional conduct
- K21 the law and good practice guidelines on consent
- K22 your own role in the healthcare team and the role of others
- K23 legal frameworks concerning prescribing
- K24 local guidelines on diabetes healthcare
- K25 local child protection procedures
- K26 local referral pathways
- K27 local systems for recording patient information
- K28 audit and quality assurance systems
- K29 the process of notification for legal and insurance purposes
- K30 sources of practitioner and patient information on diabetes relevant to children/young people
- K31 contact details of local and national support groups
- K32 how children and young people can access local facilities for exercise

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and physical activity, education and community activities

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### Additional Information

#### External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

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<b>Developed by</b>	Skills for Health
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<b>Relevant occupations</b>	Health, Public Services and Care; Health Professionals; Healthcare and Related Personal Services
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<b>Suite</b>	Diabetes
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<b>Key words</b>	diabetes
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