

SFHDiabCYP15

Enable a child/young person with diabetes to begin to take oral medication to improve their health



Overview

This standard covers the specific activities of enabling a child/young person with Type 1 or Type 2 diabetes to begin to take oral medication to improve their health. The purpose of the medication may be to control blood glucose or blood pressure. In carrying out the activities described in this standard, you should also be aware of the continuous need to protect children and young people from harm and abuse, and to create environments that protect them from harm and abuse.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 communicate with the child or young person and those involved in their care in a way that is appropriate to their age, understanding and preference
- P2 involve the child or young person in learning about how to manage their diabetes in a manner and at a level appropriate to their wishes, age and development stage, communication skills, and needs
- P3 discuss the benefits and any potential drawbacks or difficulties of using oral medication for managing the child/young person's diabetes, in a way that encourages the engagement, informed understanding and participation of the child/young person and their family
- P4 where it is agreed that the child/young person will begin to take oral medication, arrange for an initial prescription
- P5 provide information in suitable forms to help the child/young person and their family understand the relationships between:
 - P5.1 the new medication and any other prescribed medication
 - P5.2 the new medication and food, physical activity and lifestyle
- P6 discuss and agree strategies to help the child/young person take the medication at suitable times or intervals
- P7 agree with the child/young person and their family:
 - P7.1 how they will monitor the effects of the medication, including recognising possible side effects, or bad reactions to it
 - P7.2 what they will do if the medication is not effective, or if they experience serious side effects
- P8 explain arrangements relating to repeat prescriptions and prescription charges
- P9 explain the need to inform the school and other carers, and with the agreement of the child/young person and their family make arrangements to communicate with the school
- P10 maintain records and communicate with other members of the paediatric diabetes team to ensure there is a coordinated approach to supporting the child/young person and family

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Knowledge and understanding

You need to know and understand:

- K1 national guidelines on: diabetes management, education and service delivery, and on providing healthcare for children and young people
- K2 theories of the causes of diabetes
- K3 signs and symptoms of diabetes, including WHO criteria for diagnosis
- K4 normal and abnormal blood glucose and HbA1c values
- K5 how to monitor glucose levels, HbA1c, lipids and blood pressure
- K6 the importance and effects of education and self management for children, young people and their families
- K7 the development stages of children and young people, and the implications of this for communicating with them
- K8 the psychological impact of diabetes, on children, young people and their families, at diagnosis and in the long-term
- K9 how to gather information from children, young people and their families about their health
- K10 how to work in partnership with children, young people and their families
- K11 the social, cultural and economic background of the patient group
- K12 the impact of nutrition, particularly carbohydrates, on diabetes in children and young people
- K13 the impact of physical activity on diabetes in children and young people
- K14 the effects of smoking, alcohol and illicit drugs
- K15 the effects of, and how to manage, inter current illness in children and young people
- K16 of the medications used to manage diabetes
- K17 the long-term complications of diabetes and when they are likely to occur
- K18 relevant professional guidelines, standards and codes of professional conduct
- K19 the law and good practice guidelines on consent
- K20 your own role in the healthcare team and the role of others
- K21 legal frameworks concerning prescribing
- K22 local guidelines on diabetes healthcare
- K23 local child protection procedures
- K24 local referral pathways
- K25 local systems for recording patient information
- K26 audit and quality assurance systems
- K27 sources of practitioner and patient information on diabetes relevant to children/young people
- K28 contact details of local and national support groups
- K29 how children and young people can access local facilities for exercise and physical activity, education and community activities

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB5: Provision of care to meet health and well being needs

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